

Overview of Air pollution in Ghana: the past, present and future

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www.equitablehealthycities.org

Outline

- Broader context
- Early work
- Present work
- Where next?



My motivation – in the beginning



What is the air?

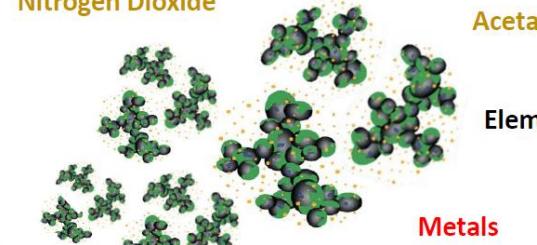


Sources of Air Pollutants



Gases

Pentane Ethylene
Water Vapour Toluene Methane
Nitrogen Oxide Methanol 1,3-Butadiene Formaldehyde
Nitrous Oxide Carbon Dioxide Propylene
Benzene Acetylene Isobutylene
Nitrogen Dioxide
Acetaldehyde



Inorganic Species

Elemental Carbon

Organic Species

Particles

Chemical 'pea' soup

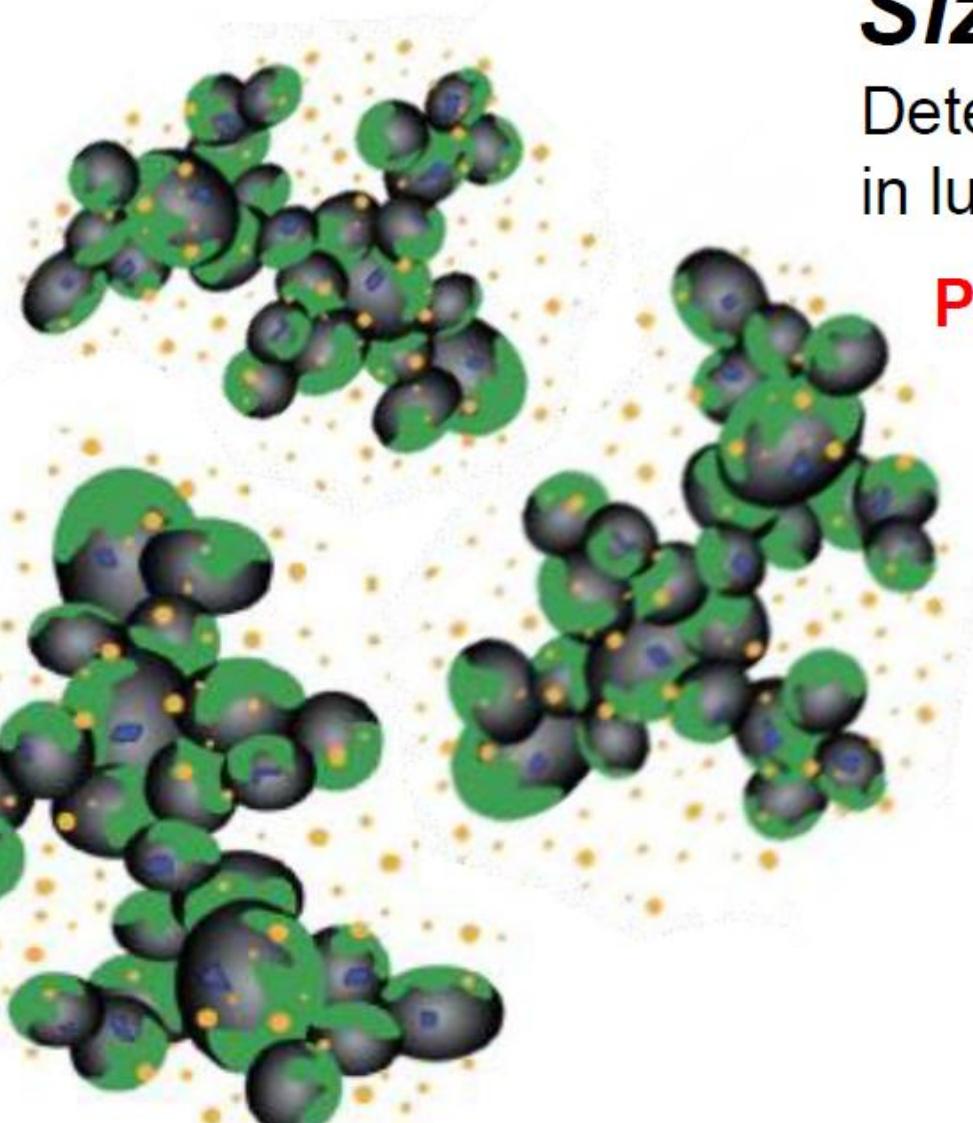


When thinking/talking about Air Pollution

Components

Determines the type of reactions that will happen once inhaled

Gases



Size

Determines deposition region in lung (or other organs)

PM_{2.5} vs. Ultrafine PM

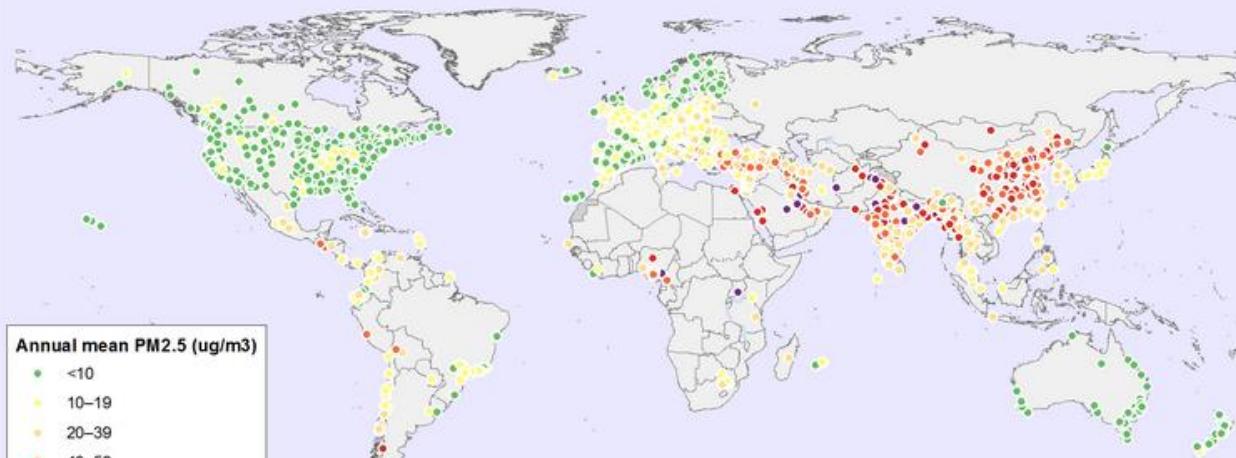
Concentration

Determines the magnitude of the biological response

Number vs. Mass Concentration

Global inequalities in pollution monitoring and health data

Concentration of particulate matter with an aerodynamic diameter of 2.5 μm or less (PM_{2.5}) in nearly 3000 urban areas*, 2008–2015

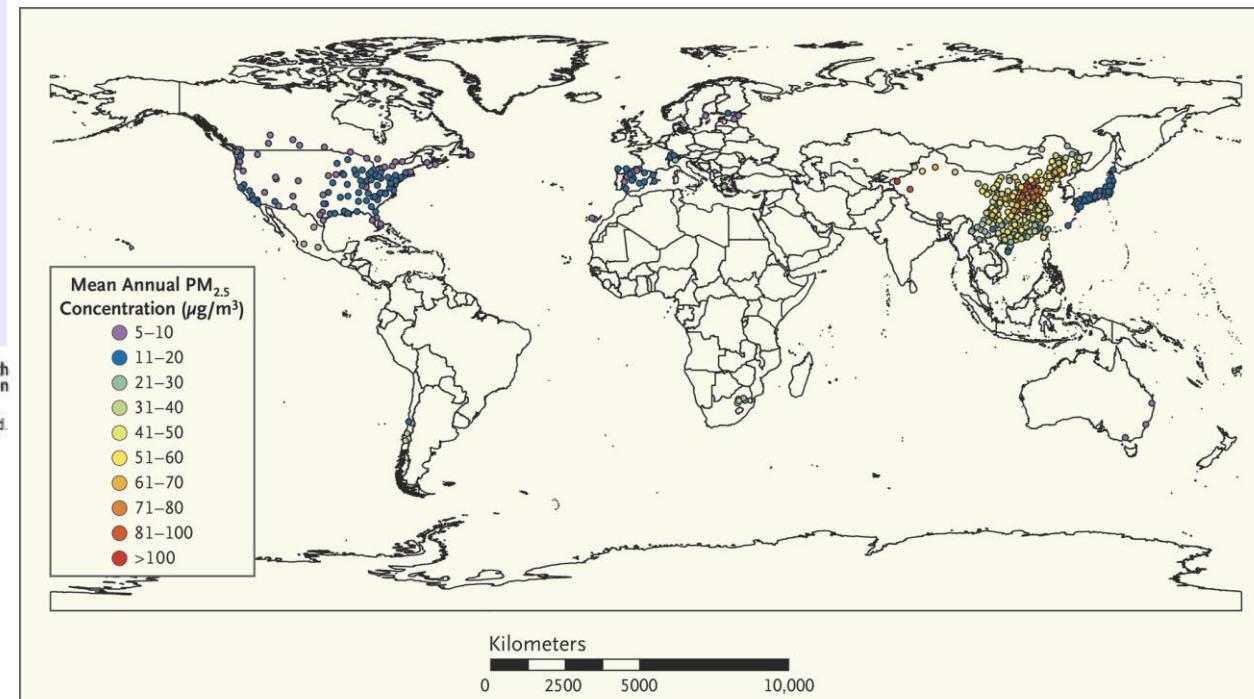


The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: World Health Organization
Map Production: Information Evidence and Research (IER)
World Health Organization
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- Sparse epidemiological studies in SSA

Locations of 652 urban areas in 24 countries or regions with PM_{2.5} data covering the period from 1986 through 2015





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Environ. Res. Lett. 8 (2013) 044025 (9pp)

ENVIRONMENTAL RESEARCH LETTERS

doi:10.1088/1748-9326/8/4/044025

Characterizing air pollution in two low-income neighborhoods in Accra, Ghana

Raphael E. Arku^a, Jose Vallarino^b, Kathie L. Dionisio^{b,c}, Robert Willis^d, Hyunok Choi^{b,c}, J. Gaines Wilson^c, Christina Hemphill^b, Samuel Agyei-Mensah^{a,e}, John D. Spengler^b, Majid Ezzati^{b,c,*}

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Sustainability Science, Sustainability Science



Within-Neighborhood Patterns and Monitoring and Geographic Information in Accra, Ghana

**ENVIRONMENTAL
Science & Technology**

Chemical Characterization and Source Apportionment of Household Fine Particulate Matter in Rural, Peri-urban, and Urban West Africa

Zheng Zhou,^{†,‡} Kathie L. Dionisio,^{†,‡} Thiago G. Verissimo,[§] Americo S. Kerr,[§] Brent Coull,^{‡,||} Stephen Howie,[‡] Raphael E. Arku,[‡] Petros Koutrakis,[‡] John D. Spengler,[‡] Kimberly Fornace,^{‡,||} Allison F. Hughes,[‡] Jose Vallarino,[‡] Samuel Agyei-Mensah,[‡] and Majid Ezzati^{§,*,}

PNAS
Proceedings of the National Academy of Sciences of the United States of America

PMCID: PMC3131368

Household and community poverty, biomass use, and air pollution in Accra, Ghana

Zheng Zhou,^{a,b} Kathie L. Dionisio,^{a,b} Raphael E. Arku,^b Audrey Quaye,^c Allison F. Hughes,^d Jose Vallarino,^b John D. Spengler,^b Allan Hill,^a Samuel Agyei-Mensah,^{c,e} and Majid Ezzati^{f,1}

Article

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Contents lists available at SciVerse ScienceDirect

Science of the Total Environment

journal homepage: www.elsevier.com/locate/scitotenv

patterns of particulate matter sources and pollution in four neighborhoods in Accra, Ghana

Raphael E. Arku^{b,1}, Kathie L. Dionisio^{b,c,1}, Christopher Paciorek^{d,e}, Ari B. Friedman^f, Zheng Zhou^{b,c}, Allison F. Hughes^h, Jose Vallarino^b, Samuel Agyei-Mensahⁱ, Majid Ezzati^{§,*,}

Environmental Epidemiology
Environ. Sci. Technol. 2010, 44, 2270–2276

Household and community poverty, biomass use, and air pollution in Accra, Ghana: Spatial, Economic, and Temporal

KATHIE L. DIONISIO,[†]
RAPHAEL E. ARKU,^{§,||}
ALLISON F. HUGHES,[†]

Introduction

Although more than 60% of sub-Saharan Africa's (SSA) population is currently rural, Africa's urban population is growing faster than that in any other world region (1). Despite this trend, there is limited data on air pollution in SSA cities, especially for particulate matter (PM) which is considered the best indicator of the health effects of pollutant mixtures. For example, a comprehensive review found that in 2000 annual PM data were available for only 3 of 212 cities with population $\geq 100,000$ in SSA (2).



ALTHY CITIES

Early work in four neighborhoods in Accra, Ghana

Ambient



Personal



Occupational



Household



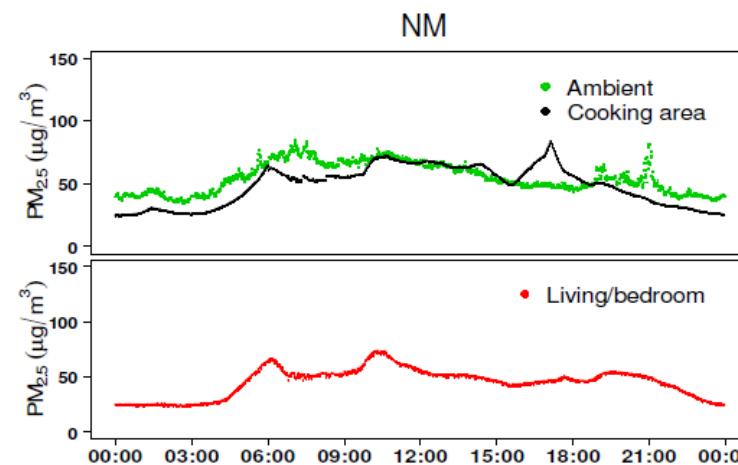
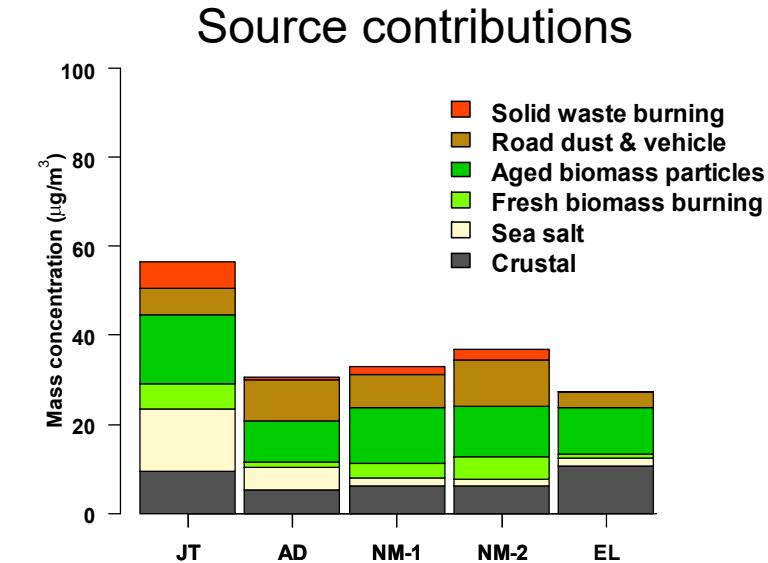
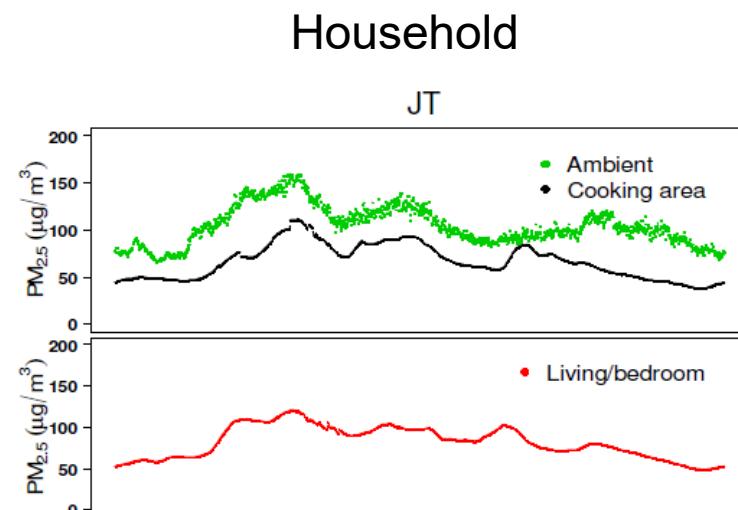
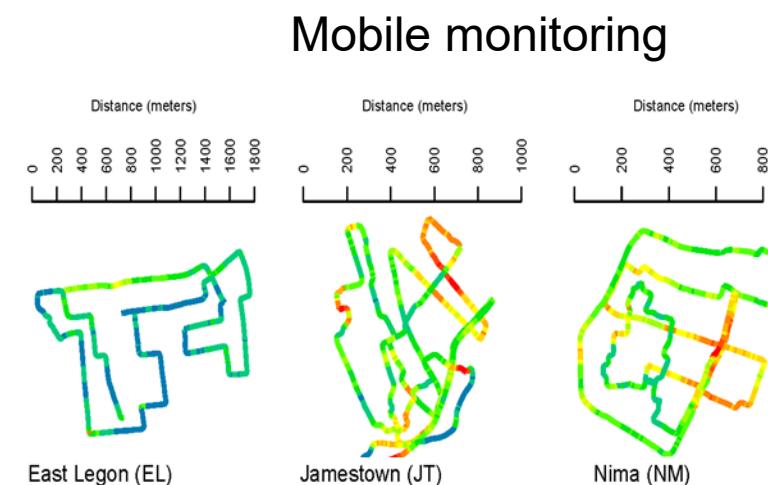
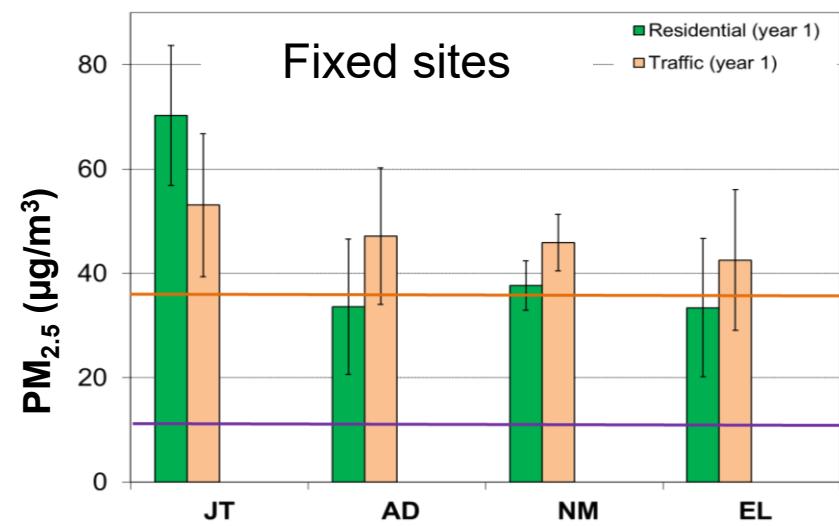
Mobile



Occupational



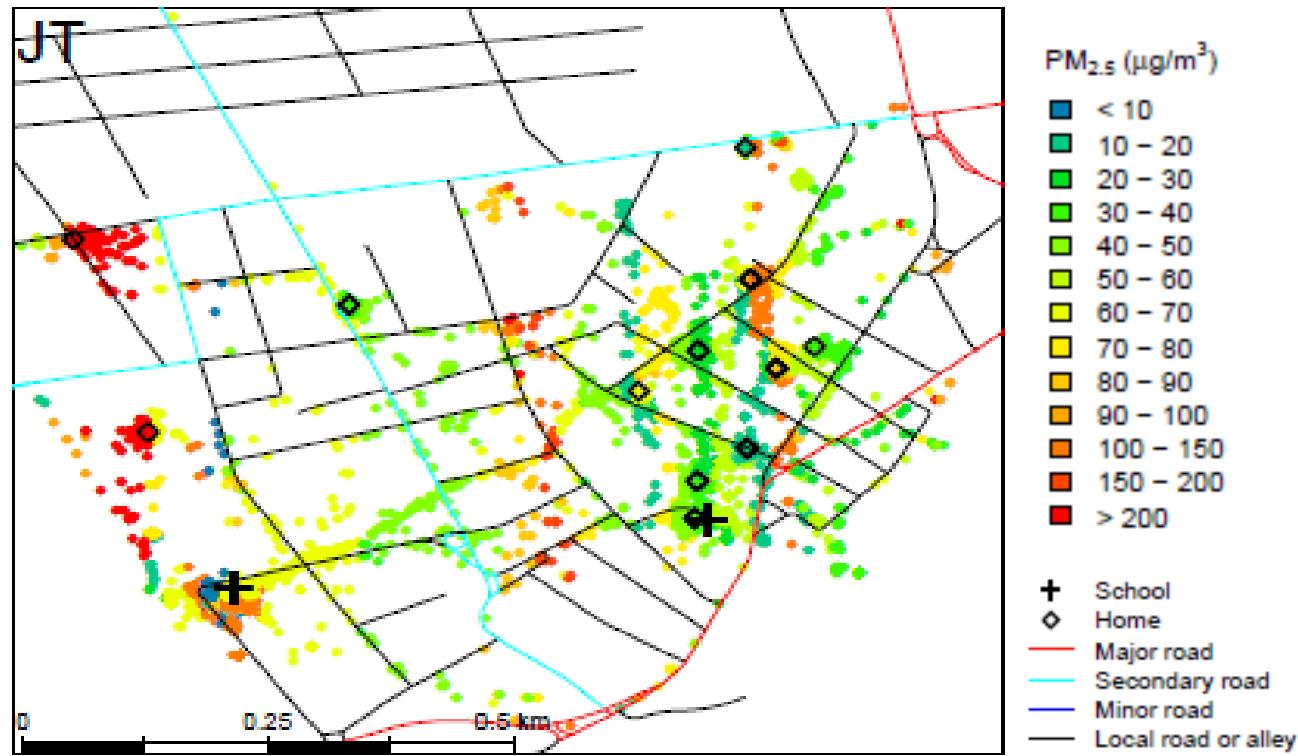
Significant contribution from biomass use and traffic



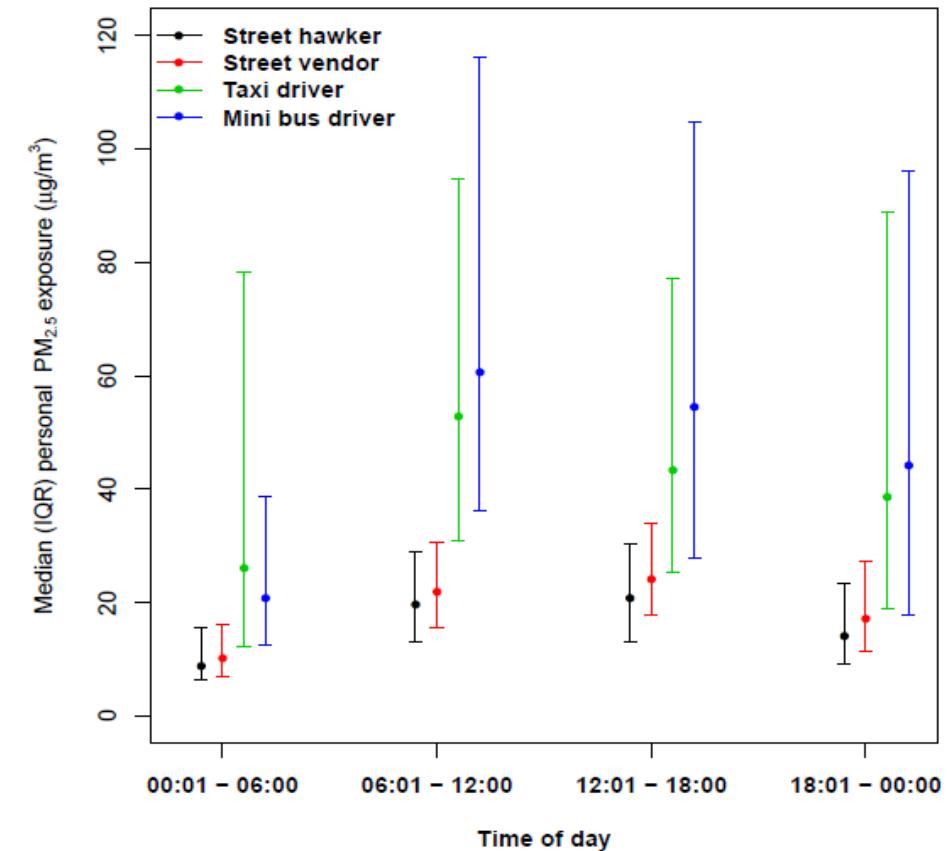
Nitrogen dioxide (NO_2) concentrations from 30 sites were almost universally low, with virtually no variation across sites

Personal exposure of schoolchildren and outdoor workers

Personal exposures of schoolchildren

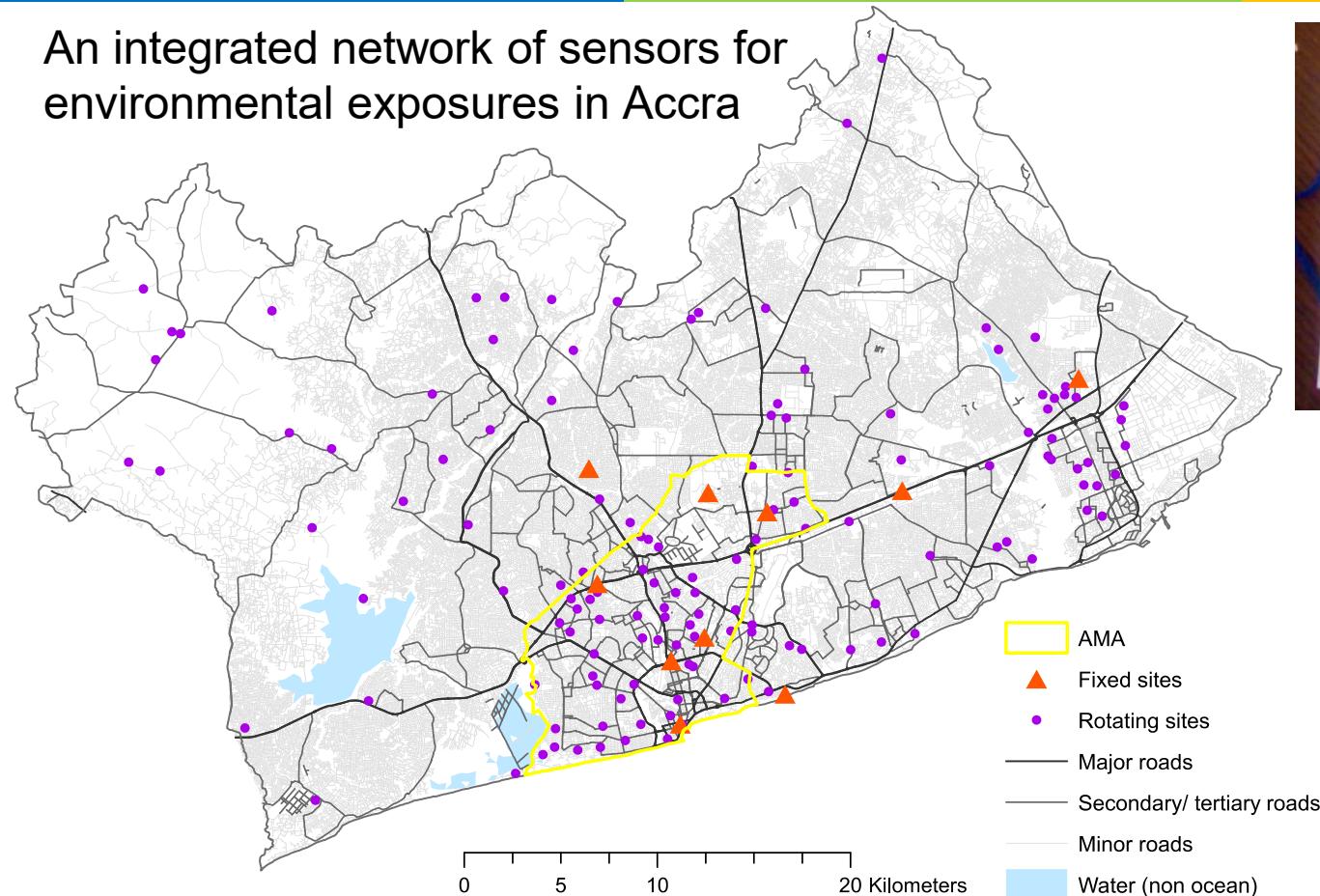


Exposure patterns of traffic related workers

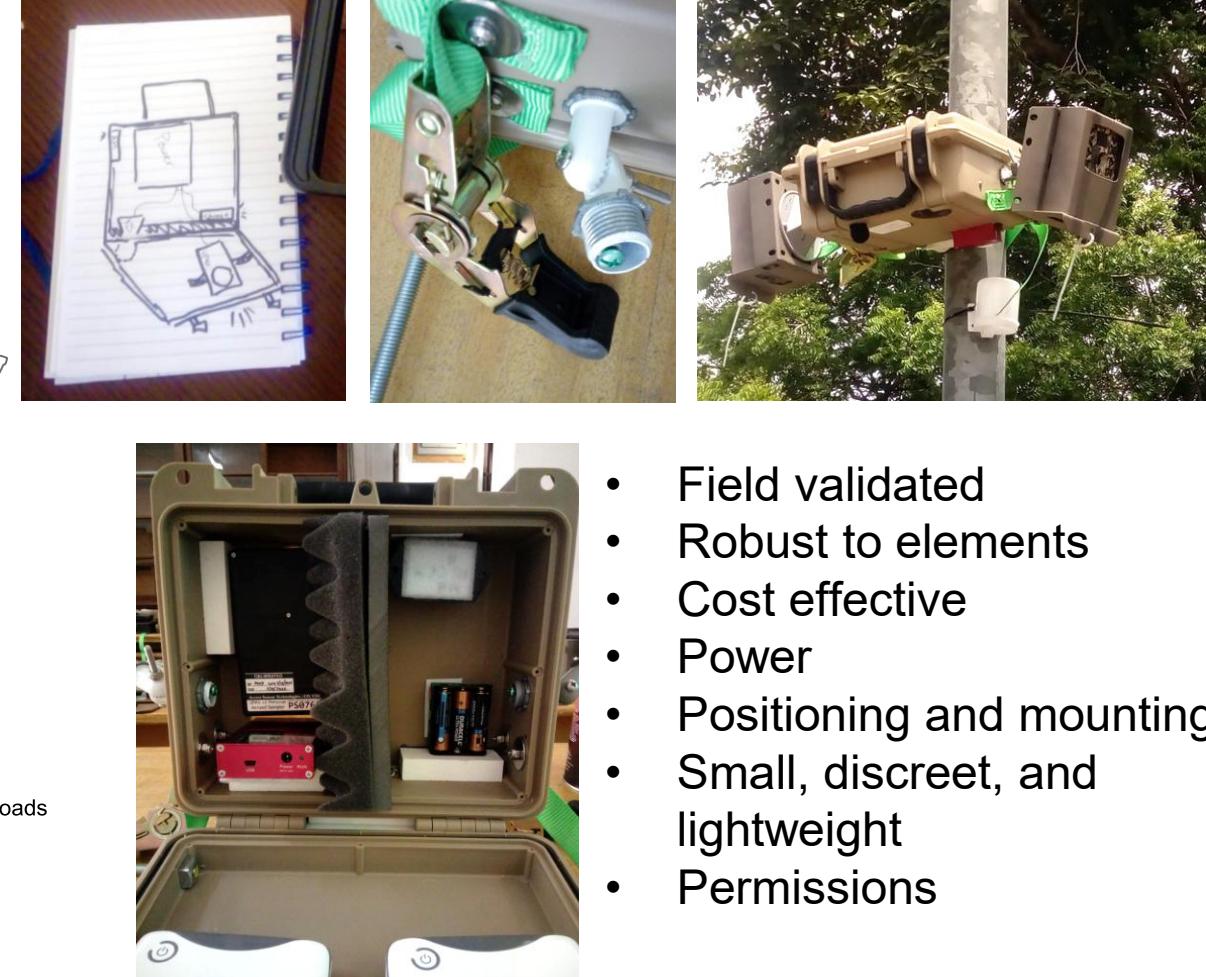


Present work – Develop consistent and transferable protocol to generate rich environmental data in SSA cities

An integrated network of sensors for environmental exposures in Accra



Locations of fixed (5+ years) and rotating (1 week) monitoring sites

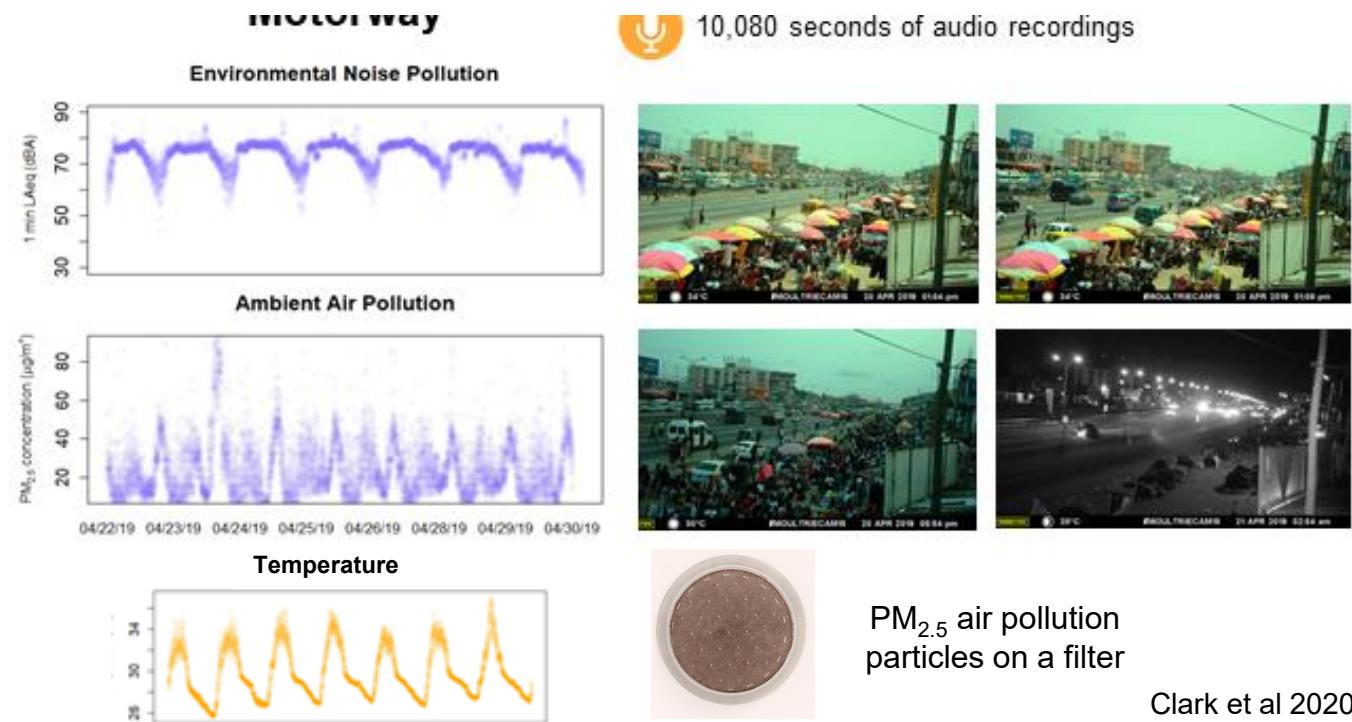
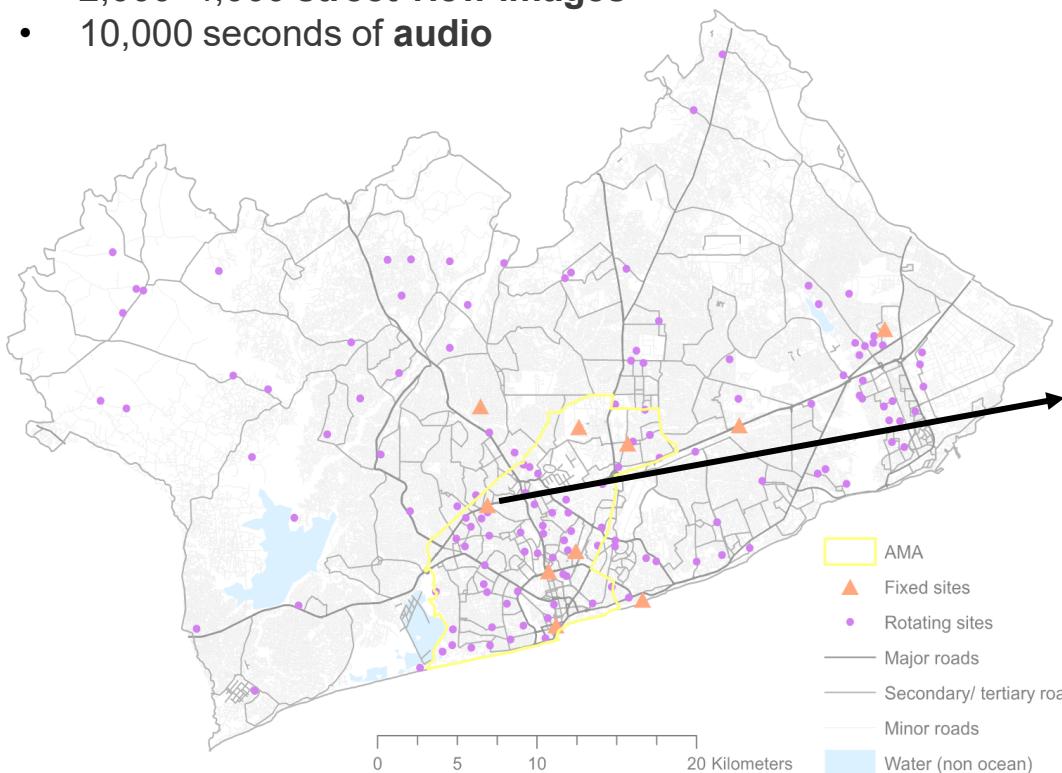


- Field validated
- Robust to elements
- Cost effective
- Power
- Positioning and mounting
- Small, discreet, and lightweight
- Permissions

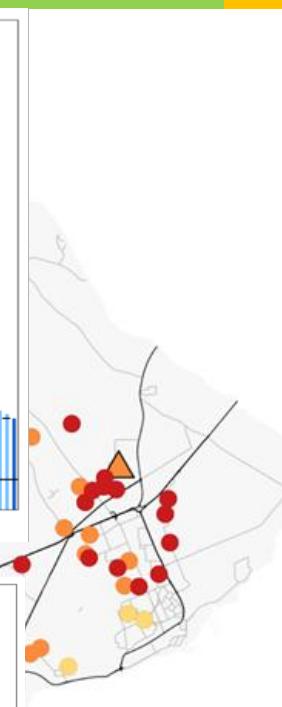
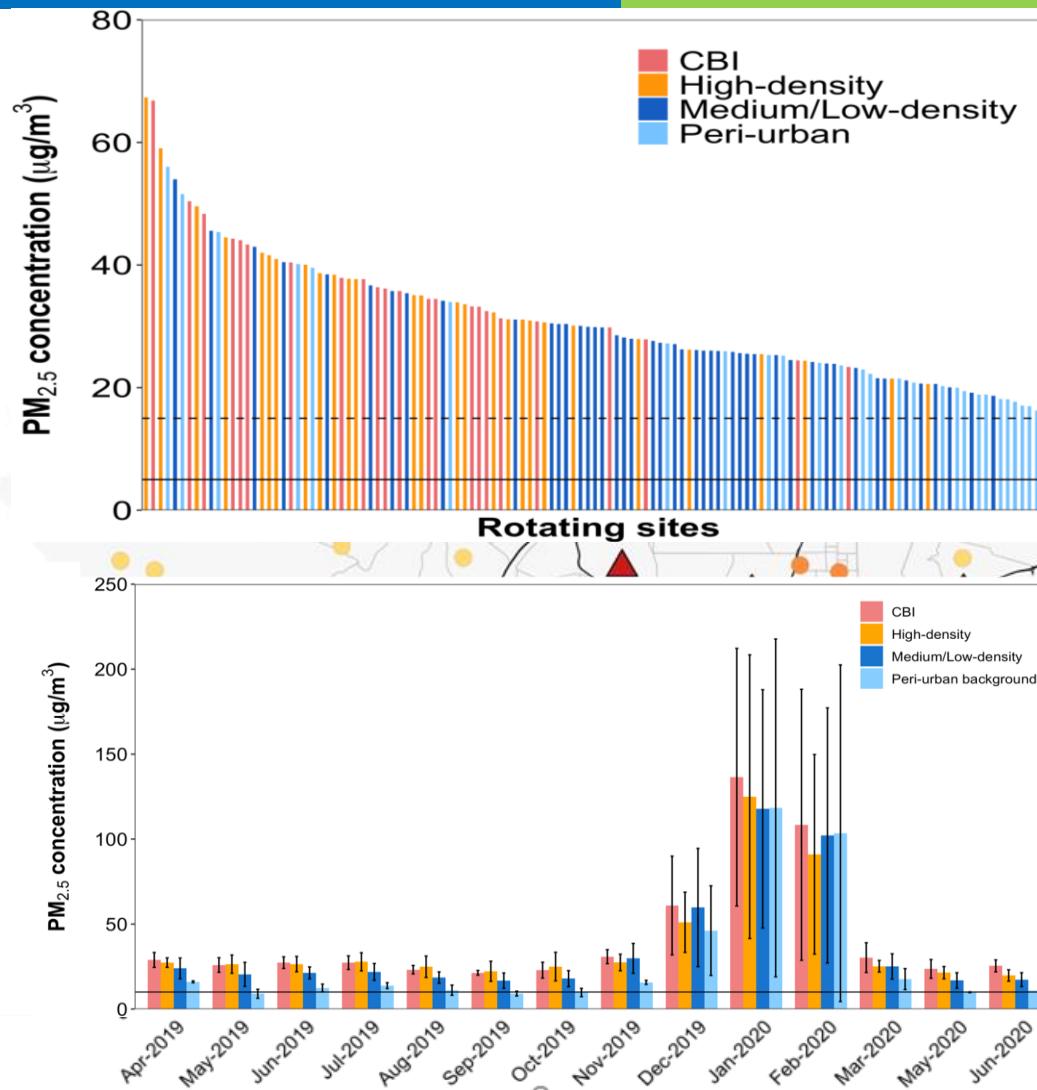
Rich data from the Accra environmental measurement campaign

Per site per week

- Real-time (10,000 mins) and weekly integrated **PM_{2.5}** and **NO₂** air pollution
- 10,000 mins of real-time **noise levels**
- 10,000 mins of **weather** data
- 2,000–4,000 **street view images**
- 10,000 seconds of **audio**



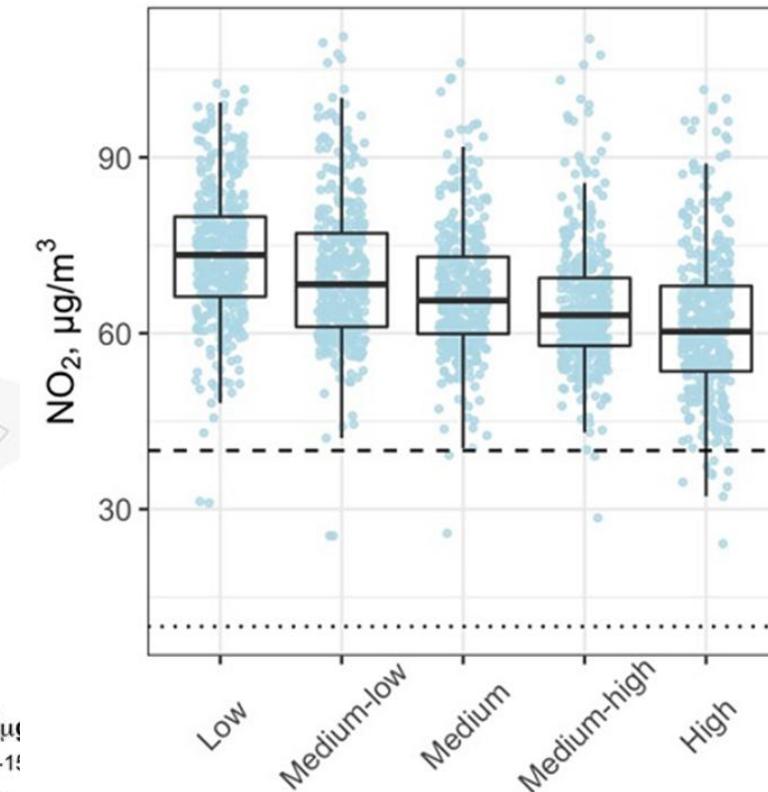
Marked spatial, temporal, and socioeconomic disparities



$\text{PM}_{2.5}$ ($\mu\text{g}/\text{m}^3$)

- 10-15
- 15-25
- 25-35
- >35 (WHO IT-1)

Horizontal lines represent WHO annual $\text{PM}_{2.5}$ guidelines



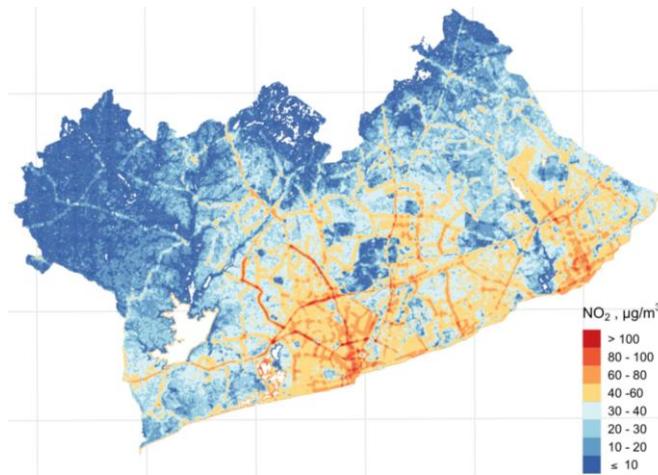
Previous WHO
annual AQG
($40 \mu\text{g}/\text{m}^3$)

2021 WHO
annual AQG
($10 \mu\text{g}/\text{m}^3$)

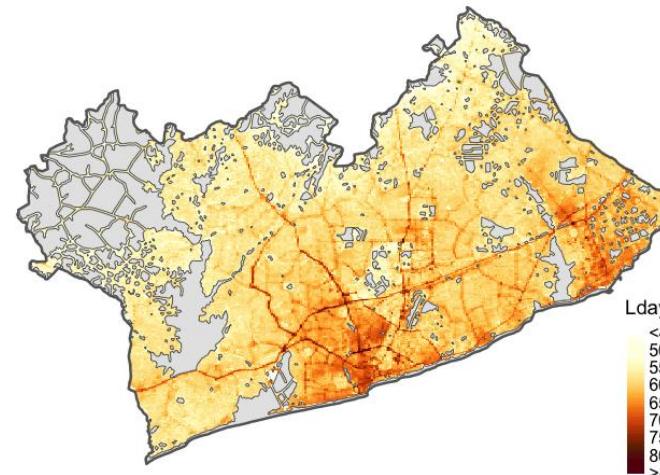
Quintiles of EA SES

Measurement to city-wide models for Accra

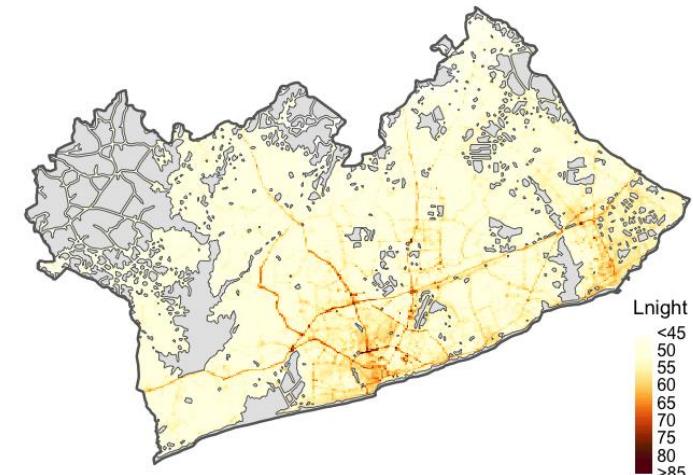
Air pollution (NO_2)



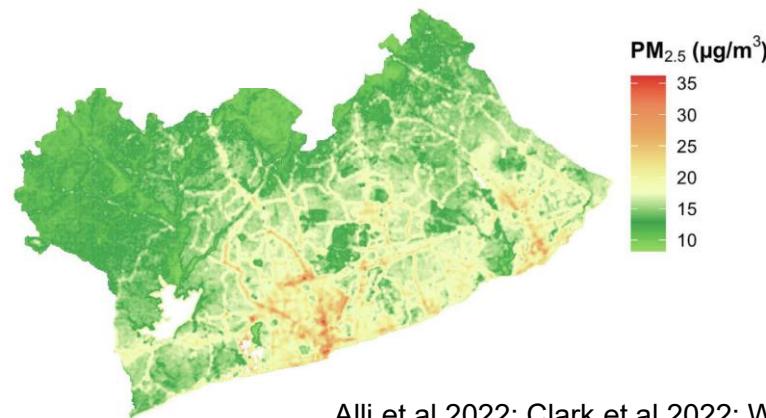
Day-time noise



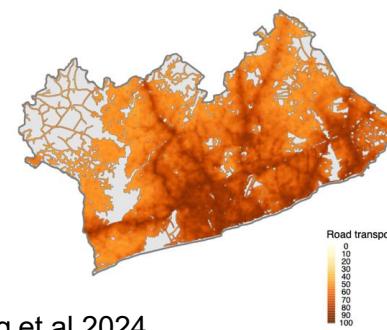
Night-time noise



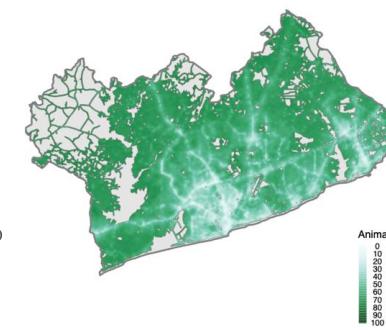
Air pollution ($\text{PM}_{2.5}$)



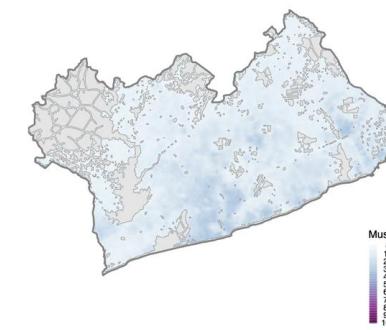
Road-transport



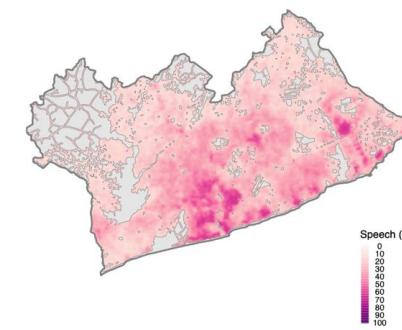
Animals (e.g., birds)



Music



Human speech



Is ambient fine particle pollution plateauing in cities
in SSA?

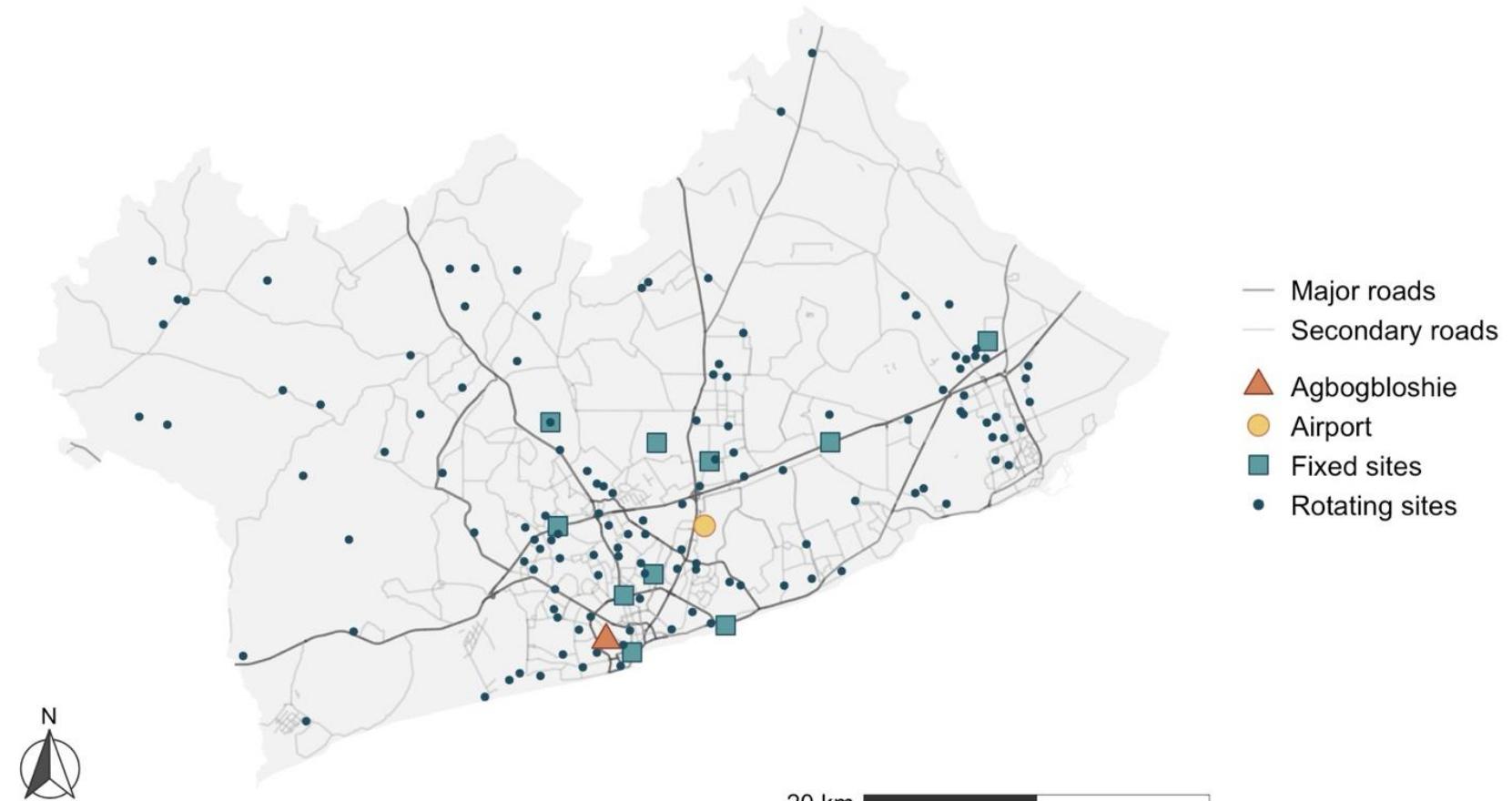


Present work – City-wide campaign 2019-2024

- Integrated (filter-based) $PM_{2.5}$ measurement
- 146 sites
 - 10 “fixed” sites (sampled continuously for ~5 years)
 - 136 ‘rotating sites (sampled 7 days) only in April 2019 – June 2020

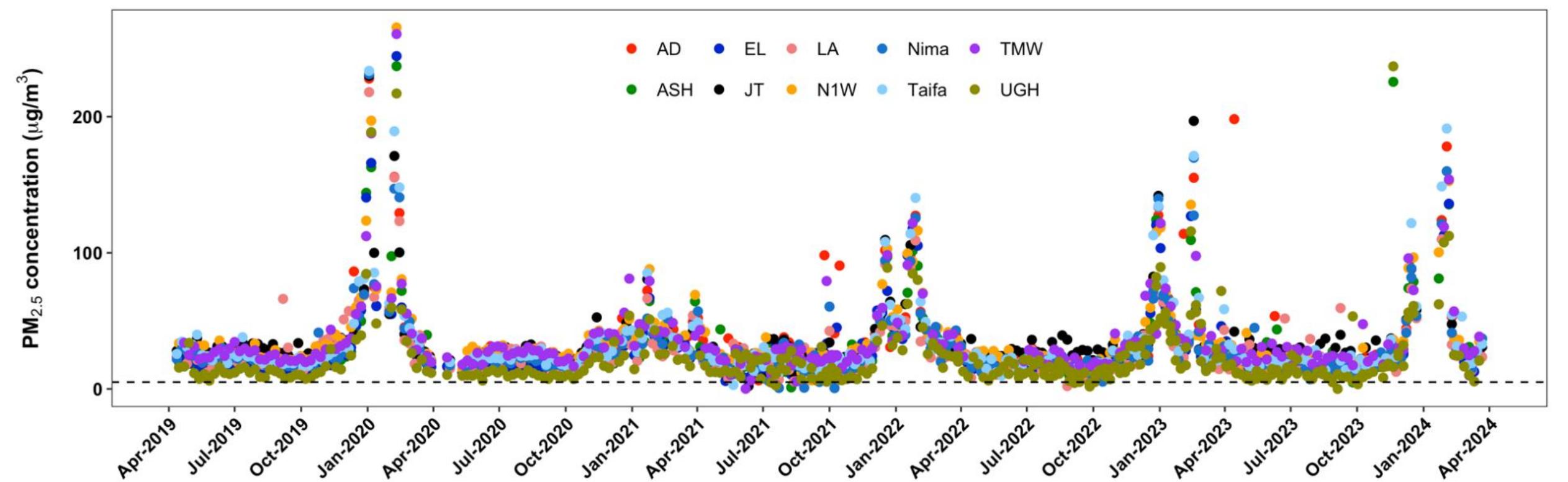


$PM_{2.5}$ concentrations collected on filters

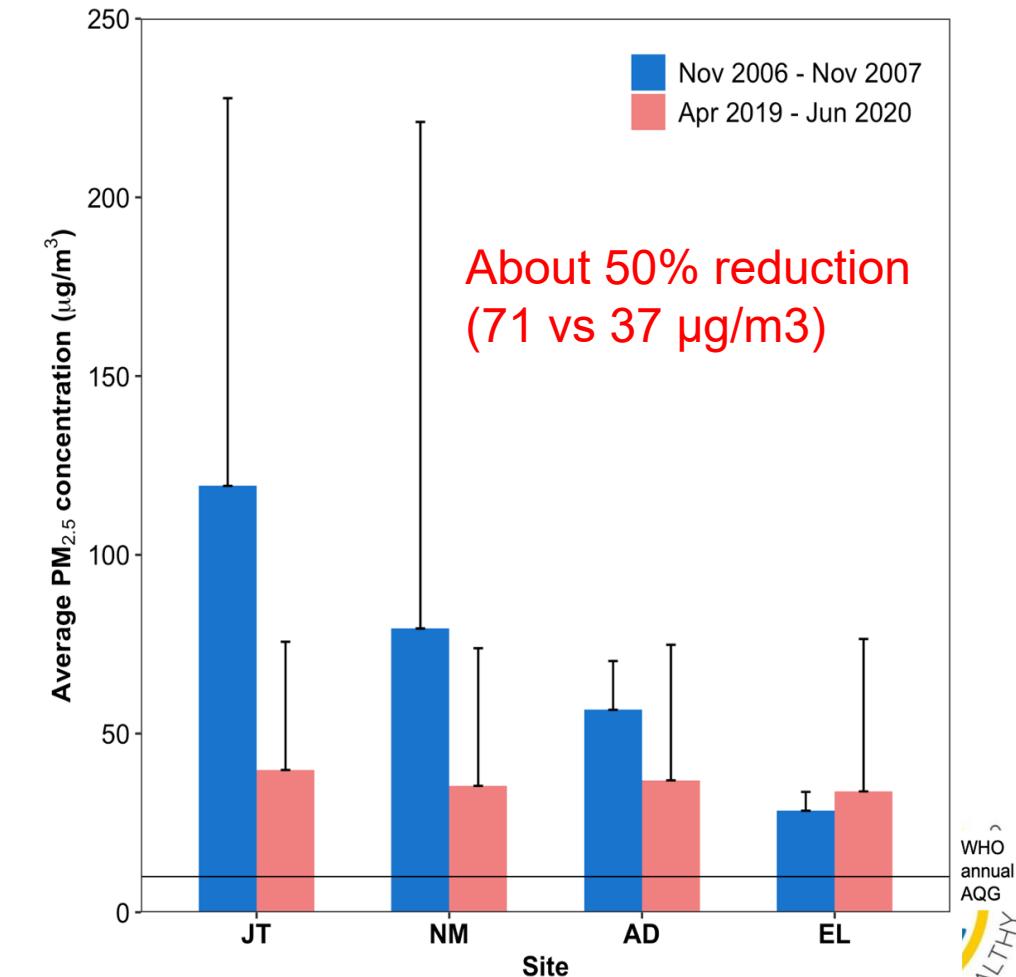
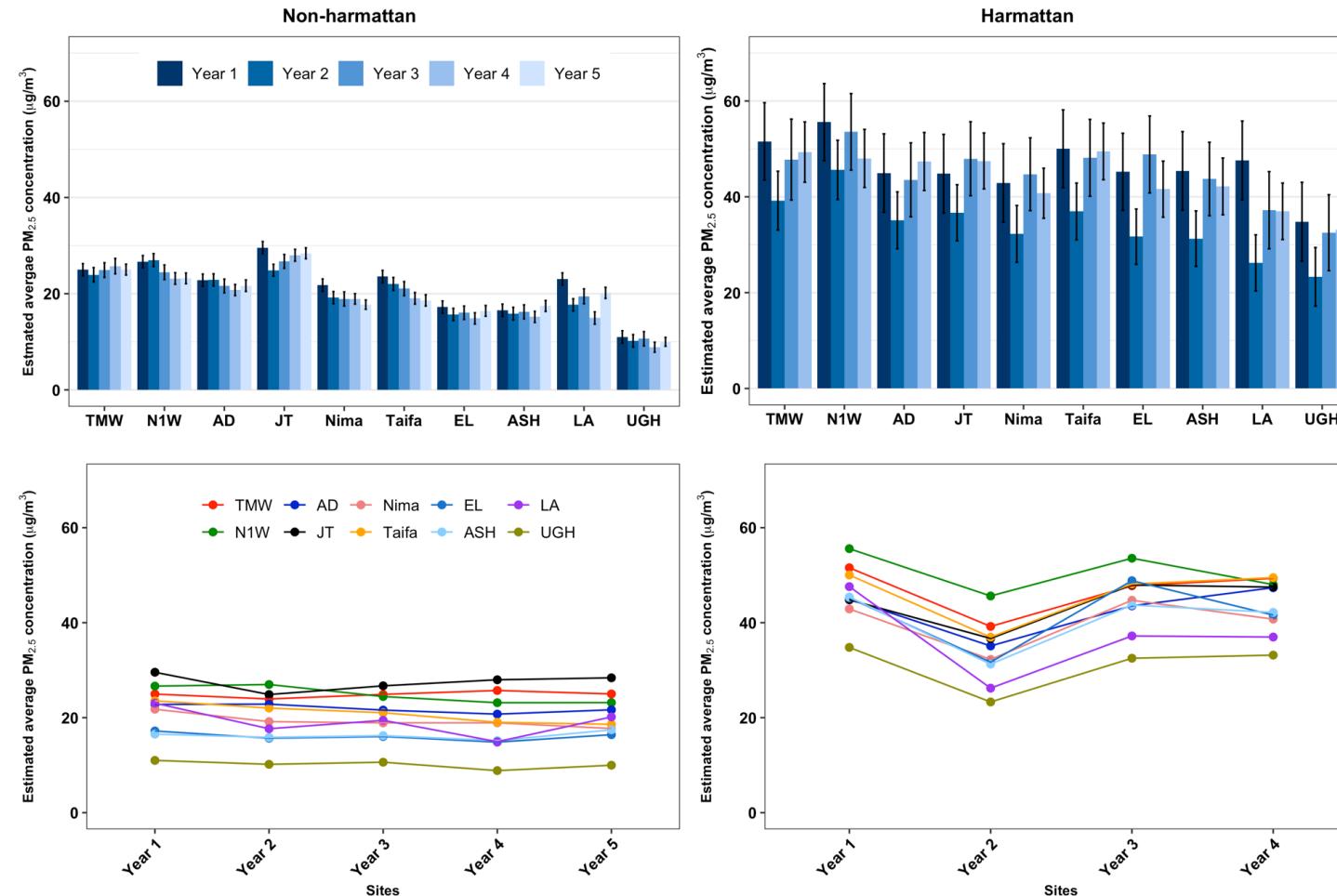


Map of the GAMA depicting year-long (fixed) and week-long (rotating) monitoring locations

Is ambient fine particle pollution plateauing in cities in SSA?



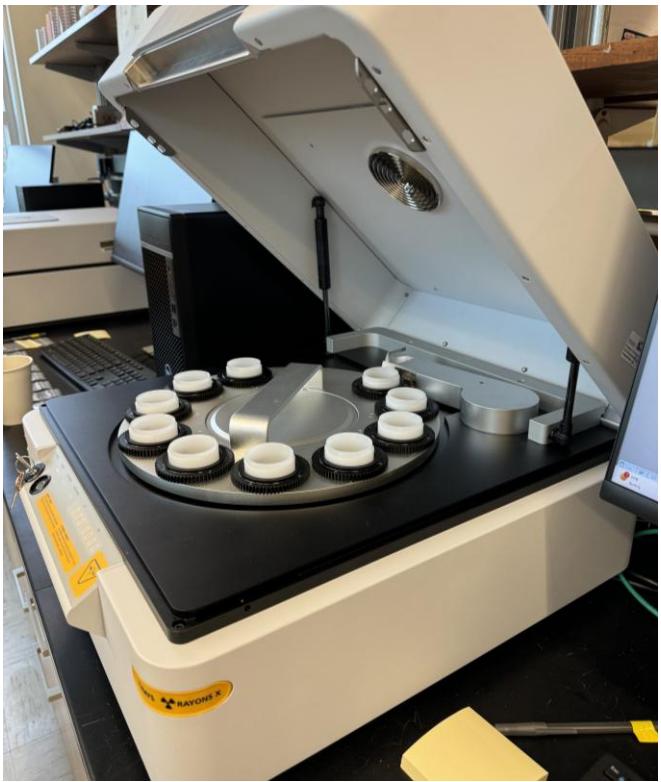
Is ambient fine particle pollution plateauing in cities in SSA?



Are the dominant air pollution sources in SSA cities shifting in the changing urban environment?



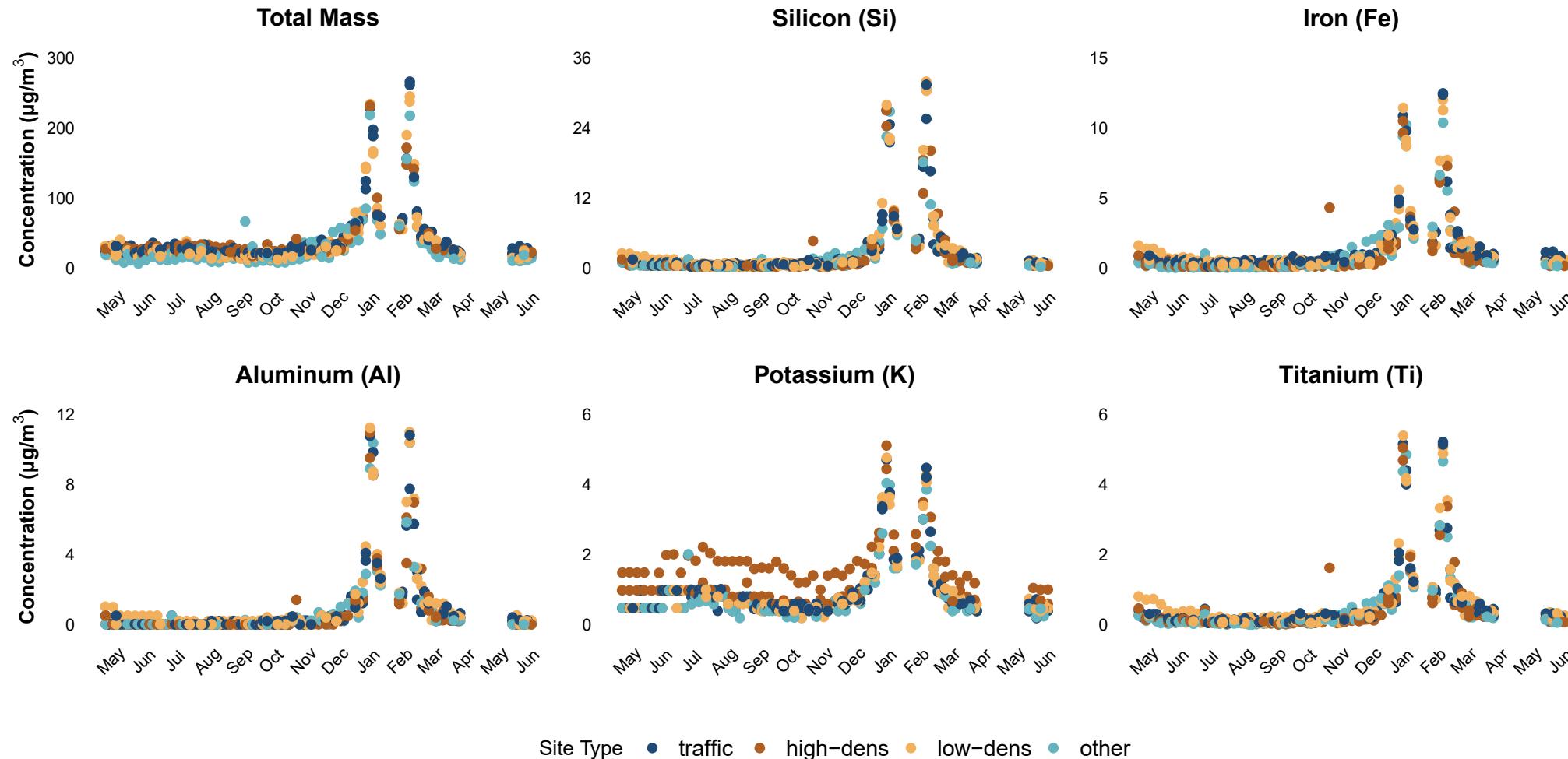
Elements contributing the largest proportion of total PM_{2.5} mass



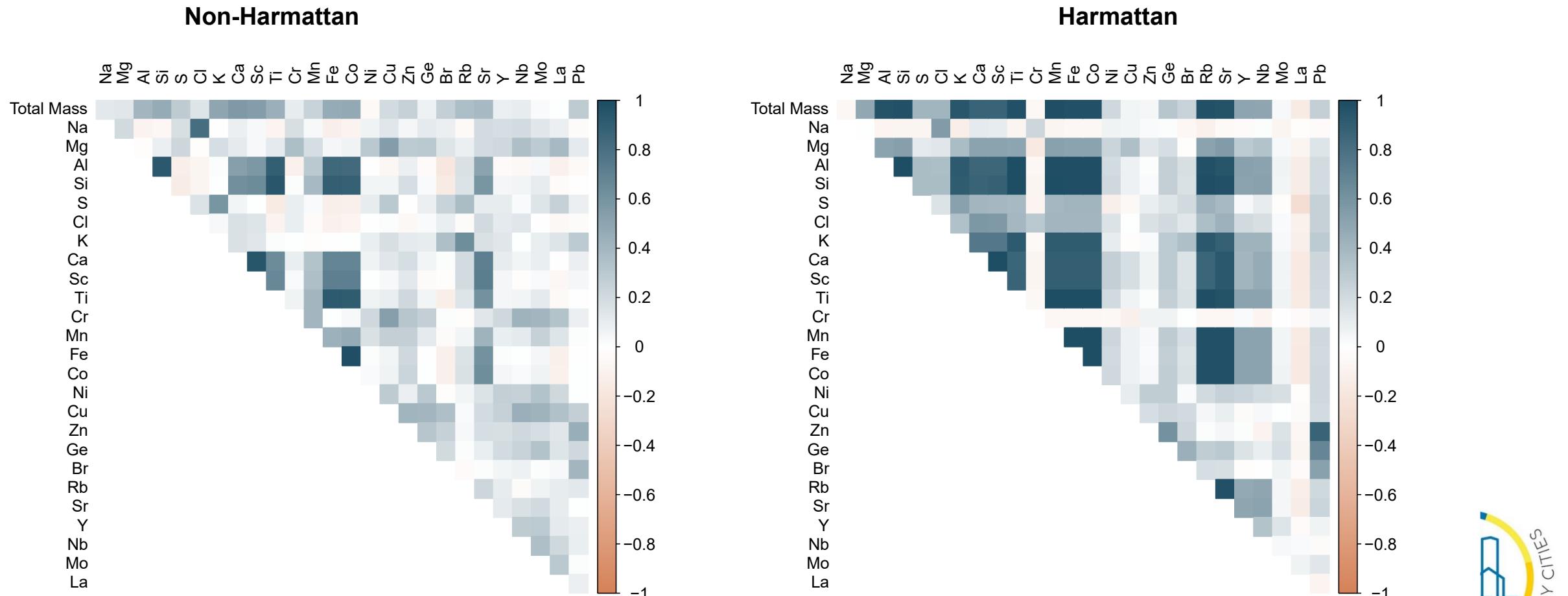
- Elemental concentrations of 603 filters quantified
- Epsilon 4 ED-XRF instrument
- 45 elements were analyzed

Element	Commercial (n = 18)	Traffic (n = 103)	High-density (n = 92)	Low-density (n = 135)	Ocean (n = 35)	Peri urban Background (n = 48)
Mass ^a	21 ± 4	25 ± 5	24 ± 7	19 ± 6	21 ± 9	13 ± 15
Al	137 ± 164 (0.66%) ^b	143 ± 233 (0.56%)	108 ± 218 (0.45%)	172 ± 263 (0.92%)	73 ± 134 (0.32%)	163 ± 243 (0.95%)
Si	542 ± 348 (2.6%)	759 ± 505 (3.0%)	588 ± 597 (2.4%)	712 ± 621 (3.8%)	524 ± 408 (2.5%)	707 ± 644 (4.9%)
S	1168 ± 420 (5.6%)	1425 ± 586 (5.6%)	1421 ± 631 (5.9%)	1333 ± 514 (7.1%)	1559 ± 821 (7.7%)	1160 ± 460 (9.4%)
Na	204 ± 294 (1.0%)	227 ± 142 (0.89%)	219 ± 122 (0.91%)	205 ± 102 (1.1%)	1004 ± 728 (4.8%)	186 ± 92 (1.6%)
Cl	669 ± 754 (3.2%)	325 ± 669 (1.3%)	492 ± 505 (2.0%)	274 ± 441 (1.5%)	2755 ± 1621 (13.2%)	170 ± 236 (1.5%)
Mg	563 ± 647 (2.7%)	1114 ± 1657 (4.4%)	1117 ± 1669 (4.7%)	1105 ± 1490 (5.4%)	1133 ± 1848 (5.7%)	867 ± 1393 (7.4%)
K	522 ± 204 (2.5%)	620 ± 247 (2.4%)	1090 ± 450 (4.5%)	594 ± 209 (3.2%)	576 ± 319 (2.9%)	497 ± 182 (3.9%)
Fe	401 ± 281 (1.9%)	535 ± 264 (2.1%)	347 ± 518 (1.4%)	411 ± 355 (2.2%)	214 ± 242 (1.02%)	301 ± 292 (2.09%)
Ca	358 ± 224 (1.7%)	427 ± 179 (1.7%)	420 ± 528 (1.7%)	343 ± 246 (1.8%)	503 ± 534 (2.2%)	214 ± 171 (1.6%)
Ti	134 ± 84 (0.65%)	184 ± 122 (0.72%)	154 ± 192 (0.64%)	182 ± 166 (0.97%)	105 ± 94 (0.52%)	154 ± 140 (1.06%)
Zn	61 ± 69 (0.29%)	33 ± 22 (0.13%)	33 ± 22 (0.14%)	27 ± 31 (0.15%)	24 ± 26 (0.12%)	15 ± 12 (0.12%)
Br	20 ± 26 (0.10%)	20 ± 17 (0.08%)	26 ± 16 (0.11%)	11 ± 5 (0.06%)	19 ± 9 (0.10%)	7 ± 5 (0.05%)
Sc	18 ± 15 (0.09%)	21 ± 11 (0.08%)	22 ± 40 (0.09%)	17 ± 17 (0.09%)	28 ± 38 (0.12%)	9 ± 9 (0.06%)
Cu	11 ± 6 (0.05%)	28 ± 26 (0.11%)	20 ± 20 (0.08%)	16 ± 17 (0.09%)	20 ± 22 (0.10%)	13 ± 11 (0.12%)
Pb	14 ± 16 (0.07%)	9 ± 7 (0.03%)	12 ± 6 (0.05%)	16 ± 15 (0.04%)	6 ± 4 (0.03%)	4 ± 2 (0.03%)
Cr	11 ± 6 (0.05%)	17 ± 21 (0.07%)	14 ± 10 (0.06%)	4 ± 15 (0.08%)	16 ± 13 (0.10%)	11 ± 10 (0.08%)
Co	10 ± 7 (0.05%)	13 ± 7 (0.05%)	9 ± 13 (0.04%)	10 ± 9 (0.05%)	6 ± 6 (0.03%)	8 ± 7 (0.05%)

Seasonal variation in total PM_{2.5} mass and selected elements

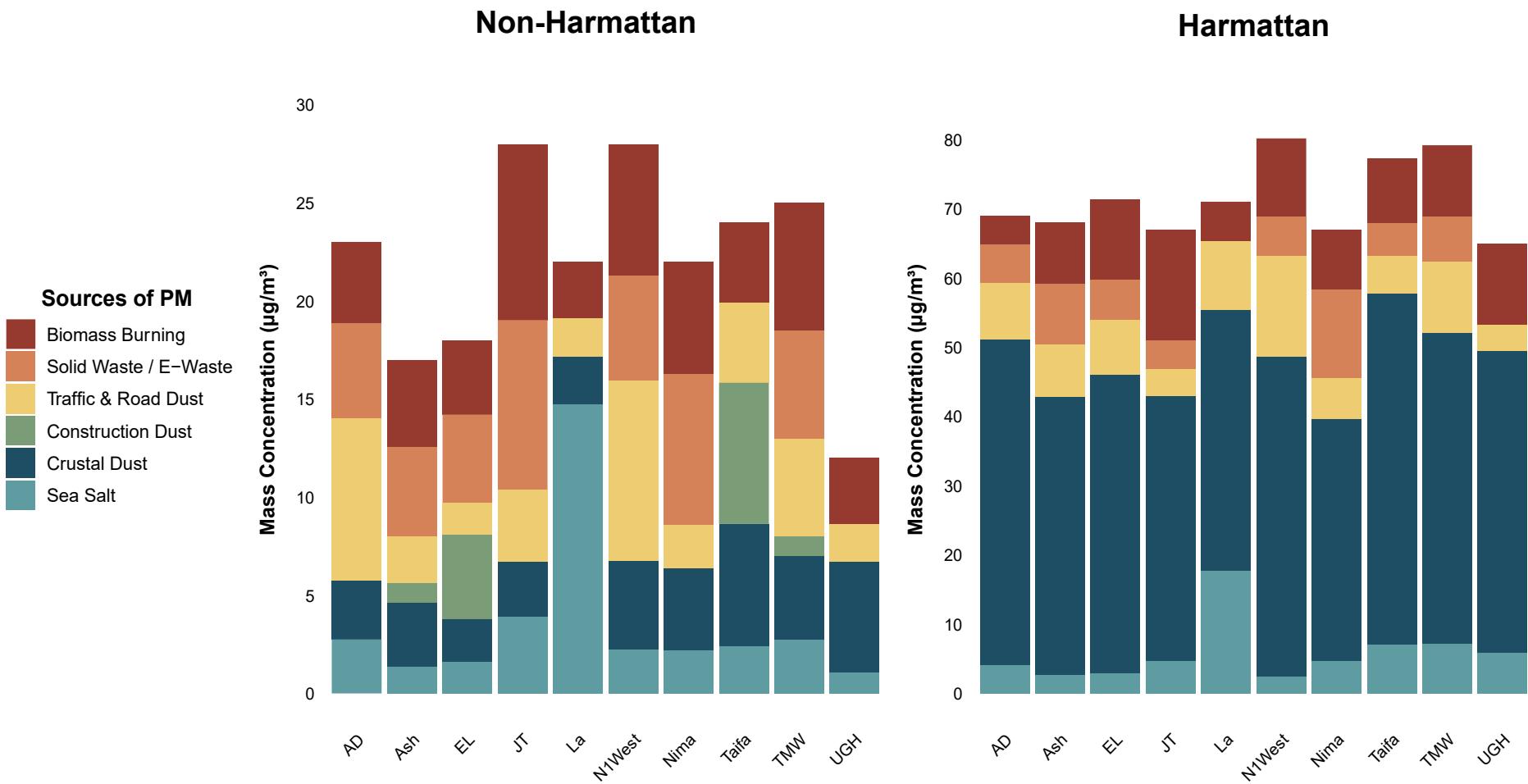


Relationship between total PM_{2.5} mass and its elements



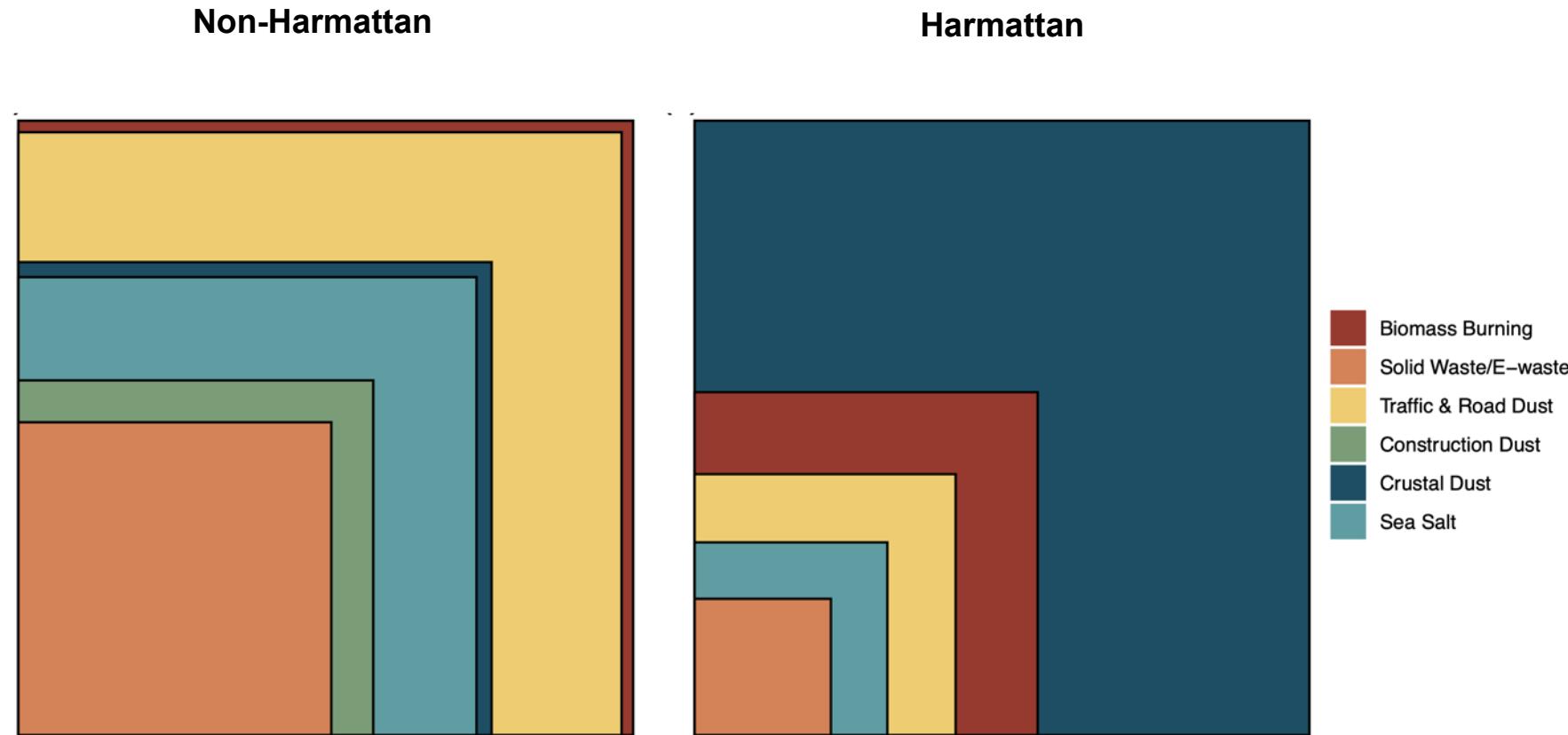
Source contributions to PM_{2.5} pollution – fixed sites

- US EPA Positive Matrix Factorization (PMF)
- 4-6 potential sources in non-Harmattan
 - Biomass burning: 11-32%
 - Traffic emissions and road dust (9-36%)
 - Solid and electronic waste burning: 0-35%
 - Construction dust (0-30%)
 - Crustal dust (11-47%)
 - Sea salt (8-67%)
- Across rotating, metal processing at CBI areas contributing 9.7%
- In Harmattan, crustal dust dominated all sites, contributing 52-68%



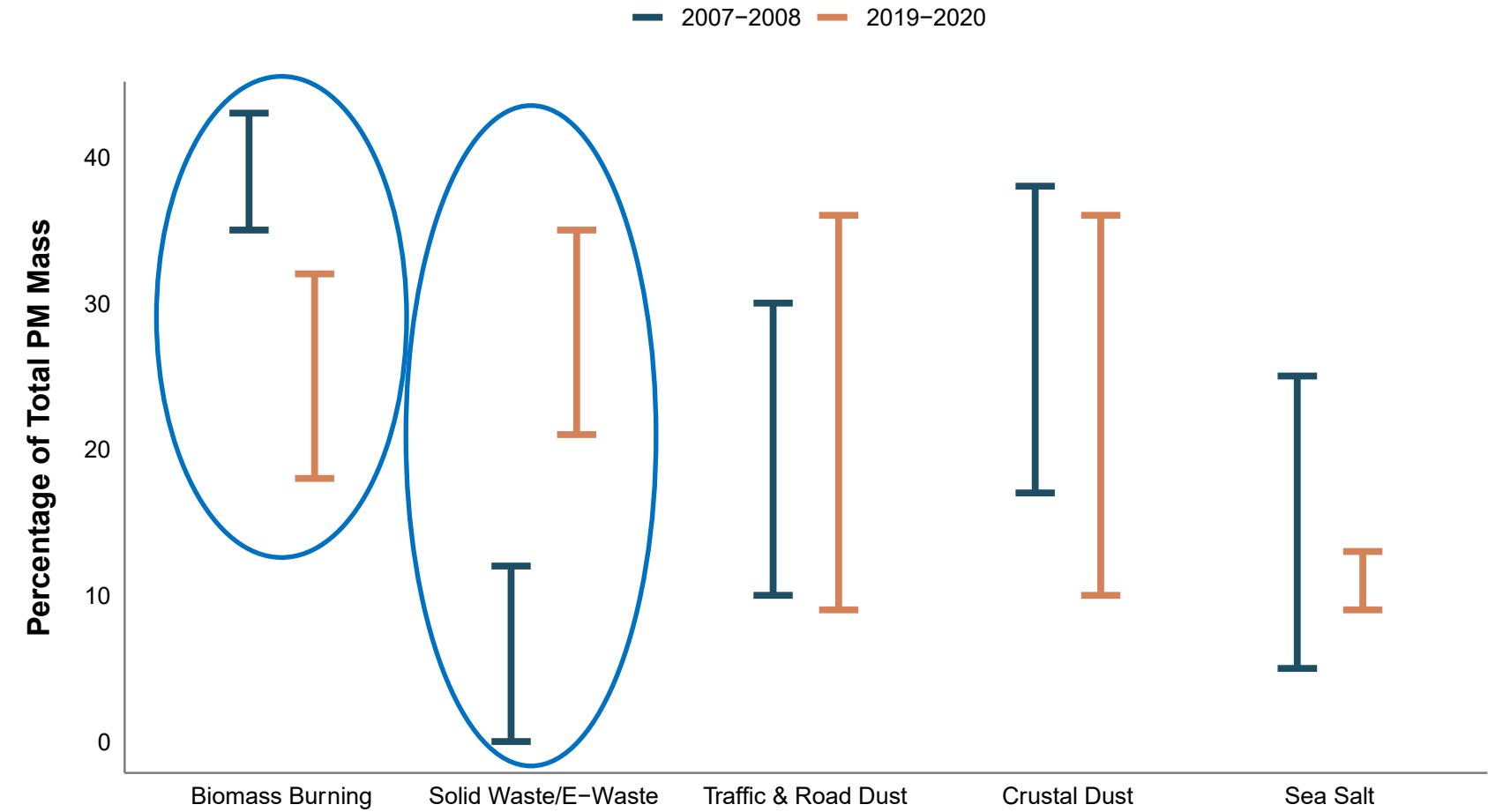
Source contributions to PM_{2.5} pollution – Combined data

- Non-Harmattan
 - Biomass burning: 27%
 - Traffic emissions and road dust: 26%
 - Crustal dust: 16%
 - Sea salt: 15%
 - Construction dust: 9%
 - Solid and electronic waste burning: 7%
- In Harmattan, crustal dust dominated: 61%

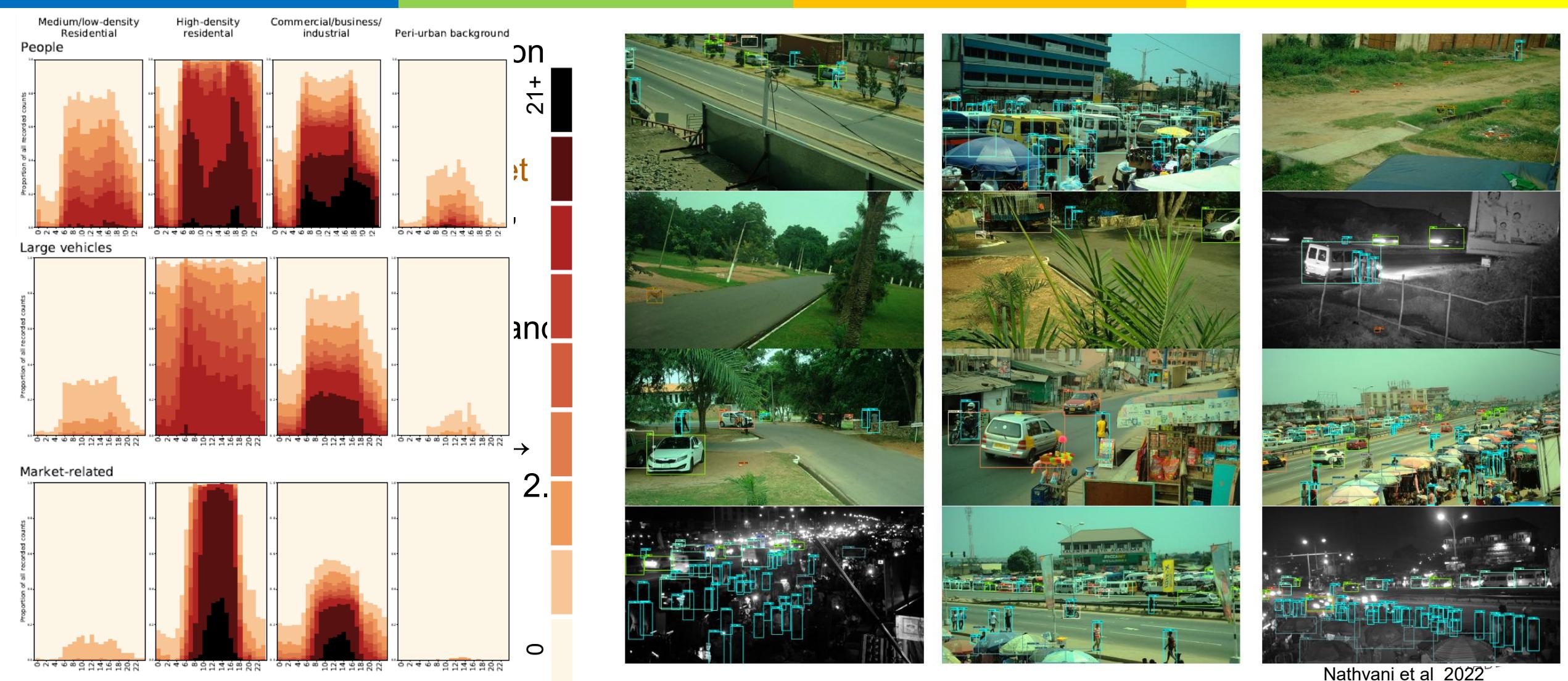


Comparison of source contributions between 2007-2008 and current 2019-2020

- Four sites: AD, EL, JT and Nima
- A general decreased in $PM_{2.5}$ mass concentrations by 35-60%
- Proportion attributed to traffic and road dust and crustal dust remained unchanged
- Biomass burning remains a significant source, but its contribution has decreased to 18-32%
- Electronic waste burning increased significantly, now contributing 21-35%

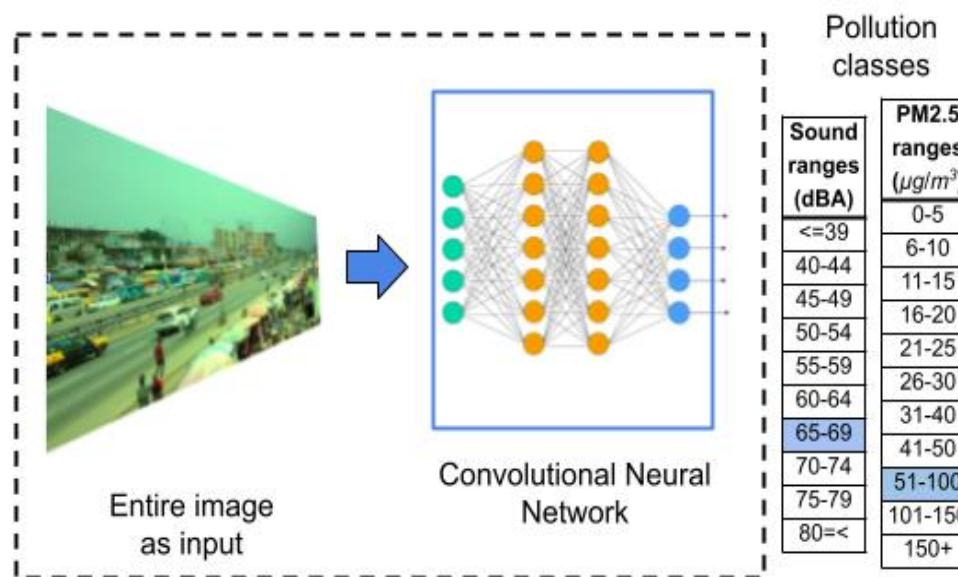


Characterizing the dynamics of urban environment and activities in Accra

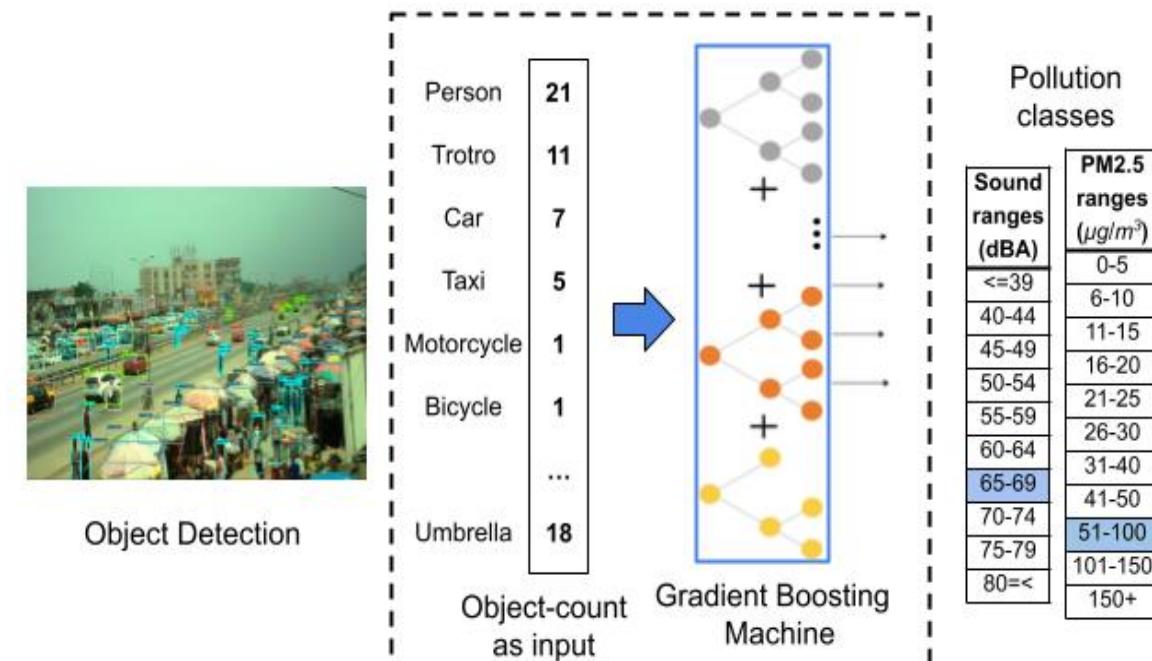


Predict air and noise pollution from images

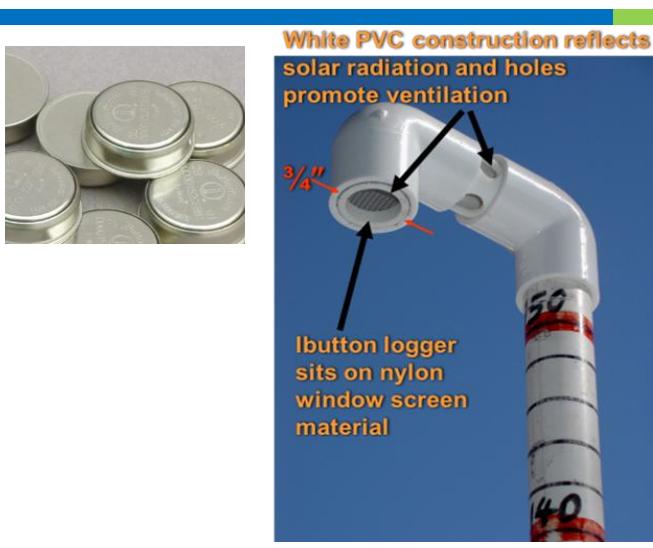
Approach 1: Outcome driven



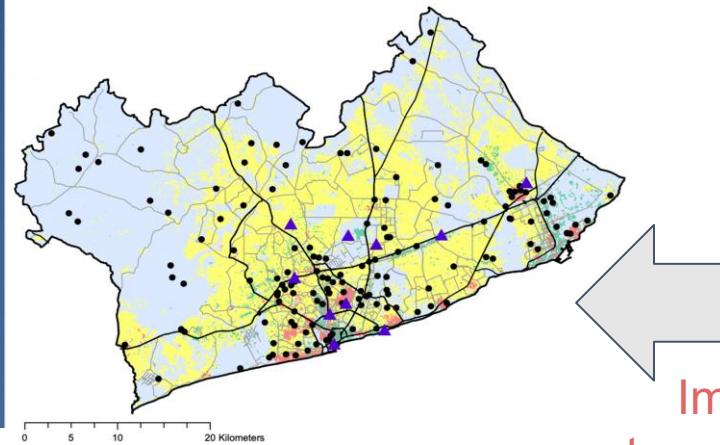
Approach 2: Feature driven



Outdoor and indoor heat exposures



~120 homes and neighbor



Imp
temper



Effects of housing
design on indoor
temperature

In case of a reply, the
number and the date of this
letter should be quoted.

My Ref. No. GHS/DGS/

Your Ref. No.



Ghana Health Service
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Accra, Ghana

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FAX: +233 302 666 80

25th February, 2024
For Immediate Release

TO ALL MEDIA HOUSES

PRESS RELEASE

RE: HEALTH IMPLICATIONS FOR CURRENT WEATHER CONDITIONS

February has been characterized by very harsh weather conditions of dryness and dust with a high Air Quality Index as reported by the Environmental Protection Agency. The Ghana Meteorological Agency is also reporting of very hot conditions for the coming months of March and April. These adverse weather conditions predispose individuals to several ill health conditions including respiratory illness and meningitis.

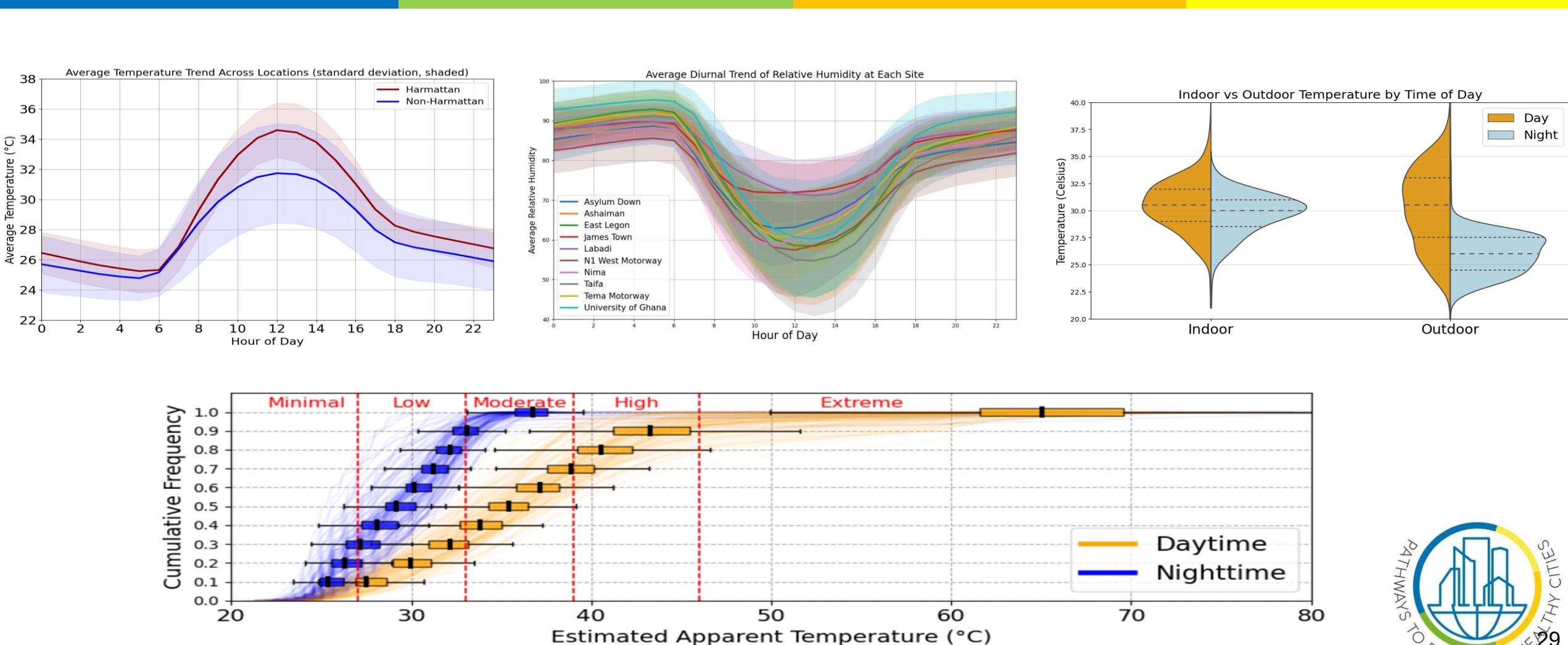
The Ghana Health Service (GHS) appreciates that, persons with Asthma and other chronic respiratory conditions may suffer acute attack or may experience worsening of their conditions. The increased dryness of the air may predispose persons and individuals to dehydration, especially among children and the elderly. In the northern part of the country in particular, the dry and hot weather conditions can lead to increased risk of meningitis as evident with the reported cases of meningitis though there are no outbreaks in the country.

The GHS is therefore recommending the following to minimize the effect of the harsh weather conditions:

- Limit outdoor activities especially for children and the elderly.
- Wear face-masks to reduce exposure to the dust.
- Stay hydrated by drinking a lot of water throughout the day.
- People living with chronic respiratory conditions like asthma should continue to take their prescribed medications.

We urge the public to observe these recommendations during this period of harsh weather conditions and report to the nearest health facility when they have difficulty in breathing. It must be noted that, treatment is available for all these conditions including Meningitis and therefore persons with fever and neck stiffness should report immediately to the nearest health facility.

Outdoor/indoor temperature and humidity



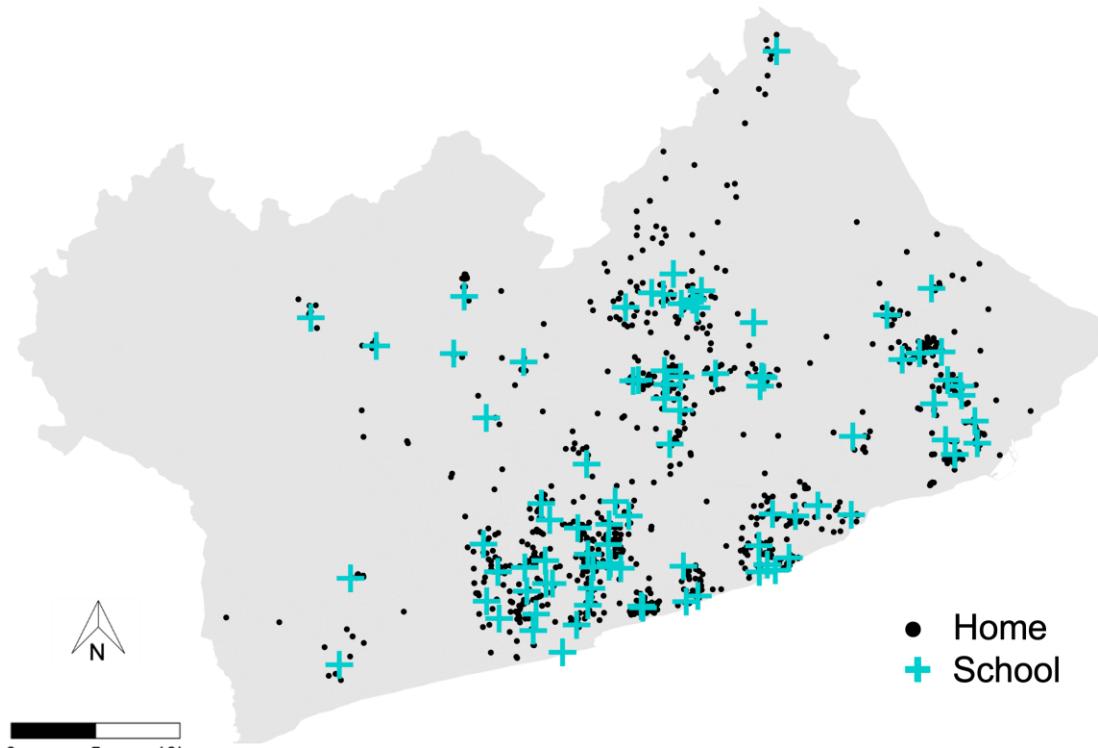
What about health?

- Child health and development in complex urban environments
 - Accra birth cohort (ABC)
 - Schools



Child health and development in complex urban environments

- schools



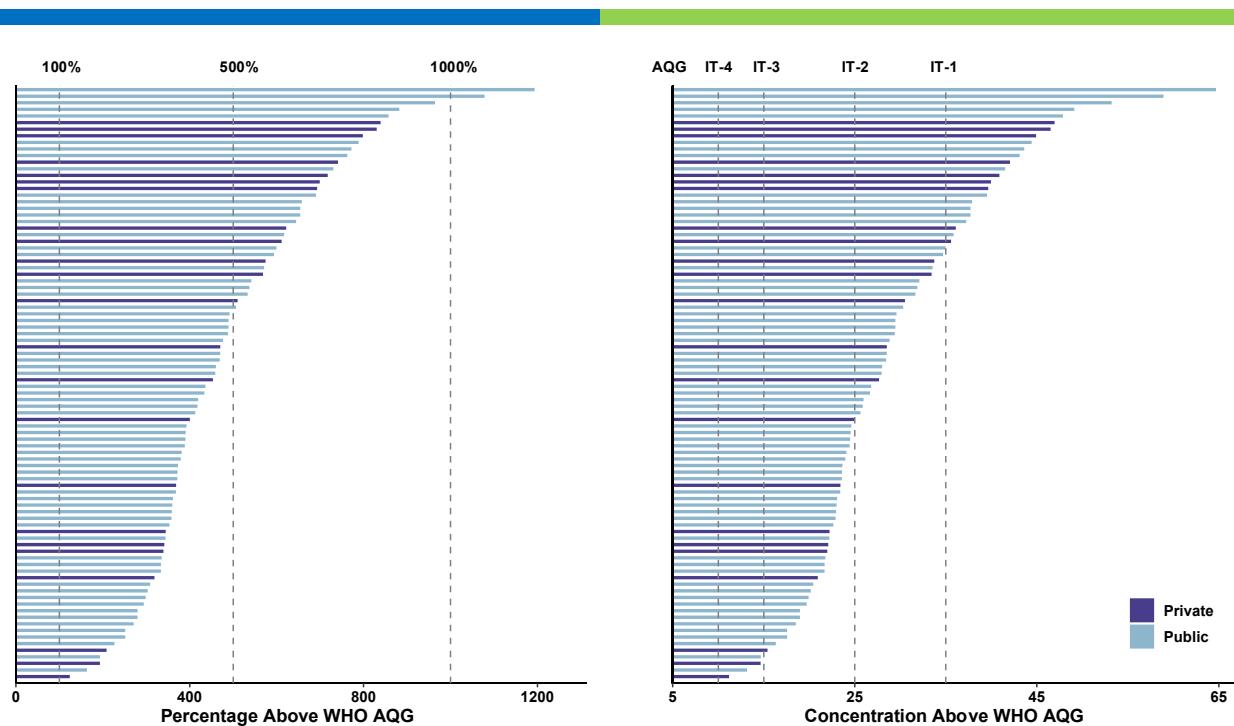
- We conducted weeklong measurements of ambient $PM_{2.5}$, measured both gravimetrically and continuously), and black carbon (BC, measured gravimetrically in the yards of 90 public (74%) and private (26%) schools.



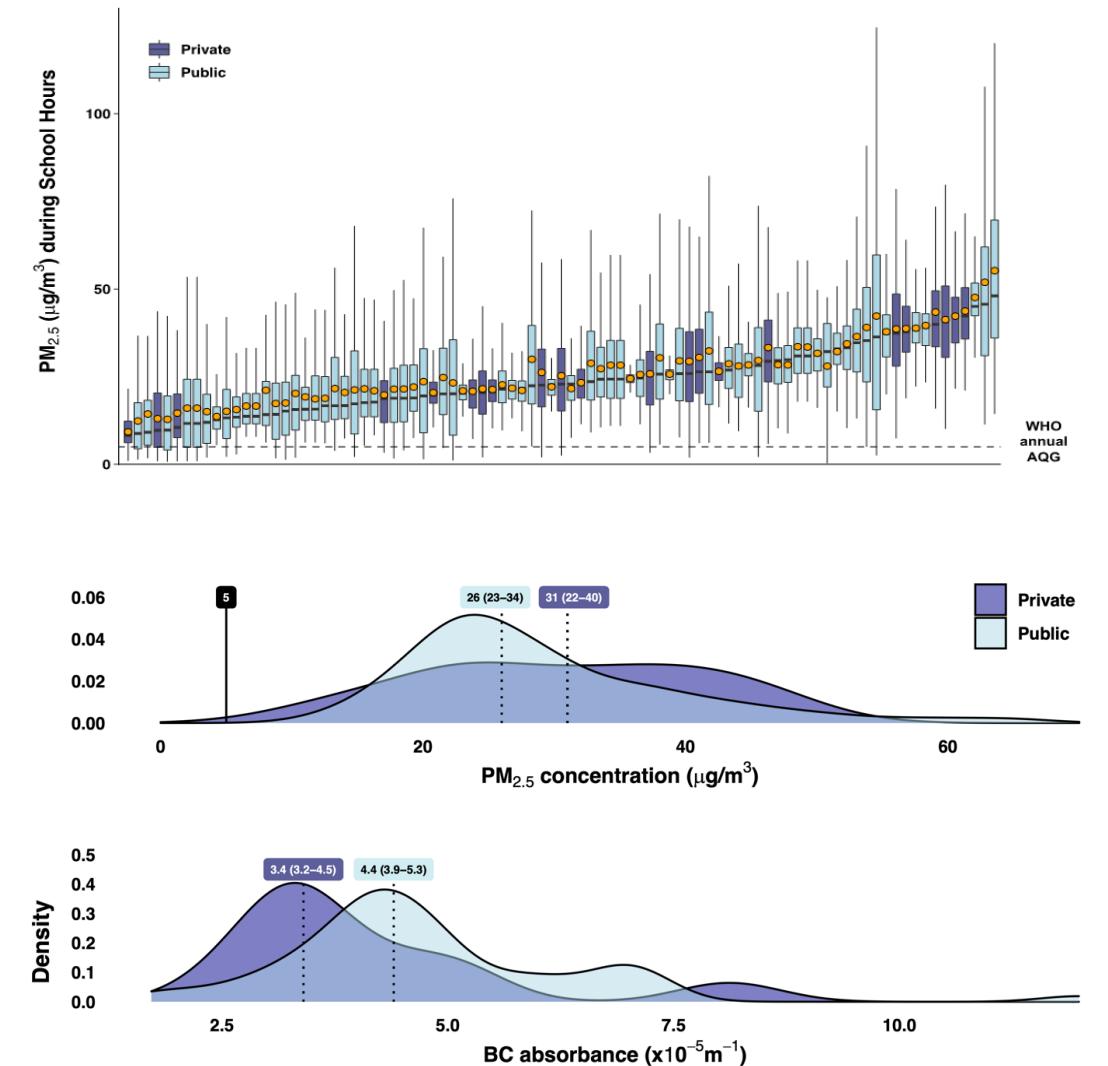
Environmental
noise



Schoolchildren learning in dirty air and noisy environments



- PM_{2.5} concentrations were 2-13 times higher than the WHO guideline, ranging from 11 µg/m³ at a private school to 65 µg/m³ at a public school
- BC and noise levels were higher in public schools, and in schools located in the most urbanized AMA and TMA when compared to other districts in the GAMA
- Within the AMA, all three pollutants were inversely associated with SES of the school neighborhood



Child health and development in complex urban environments - schools

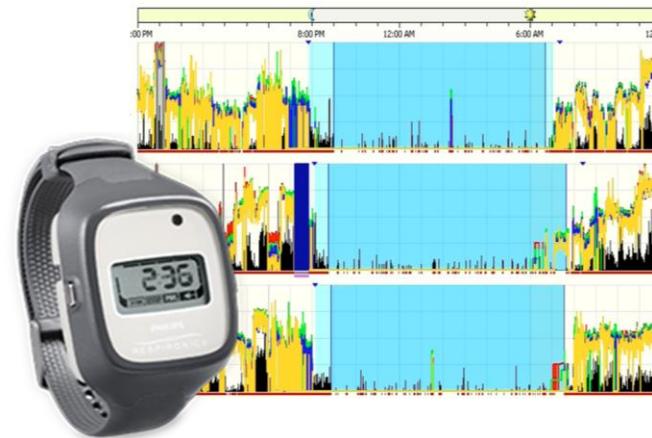
Cognitive and behavioral assessment



Spirometry



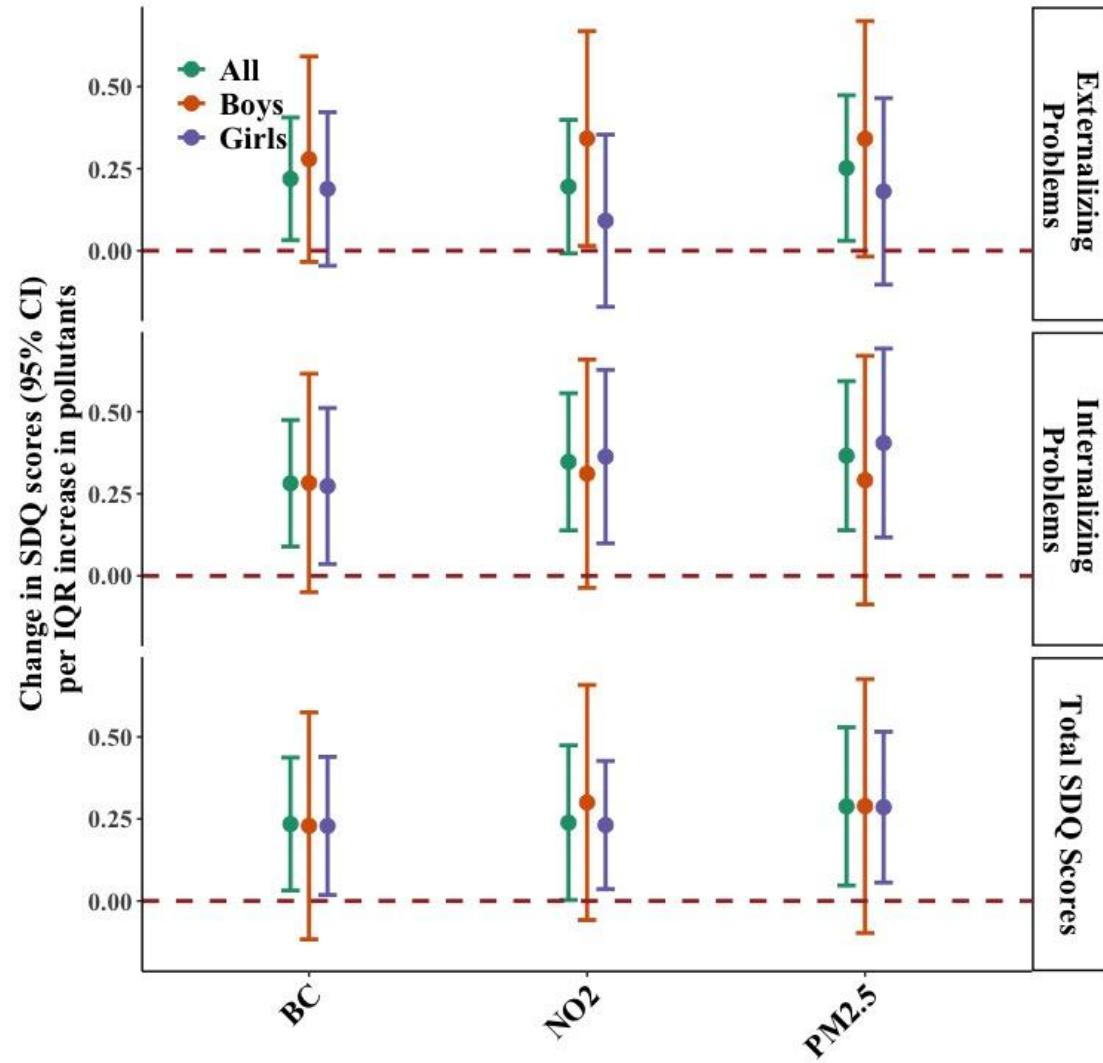
Sleep



Blood pressure

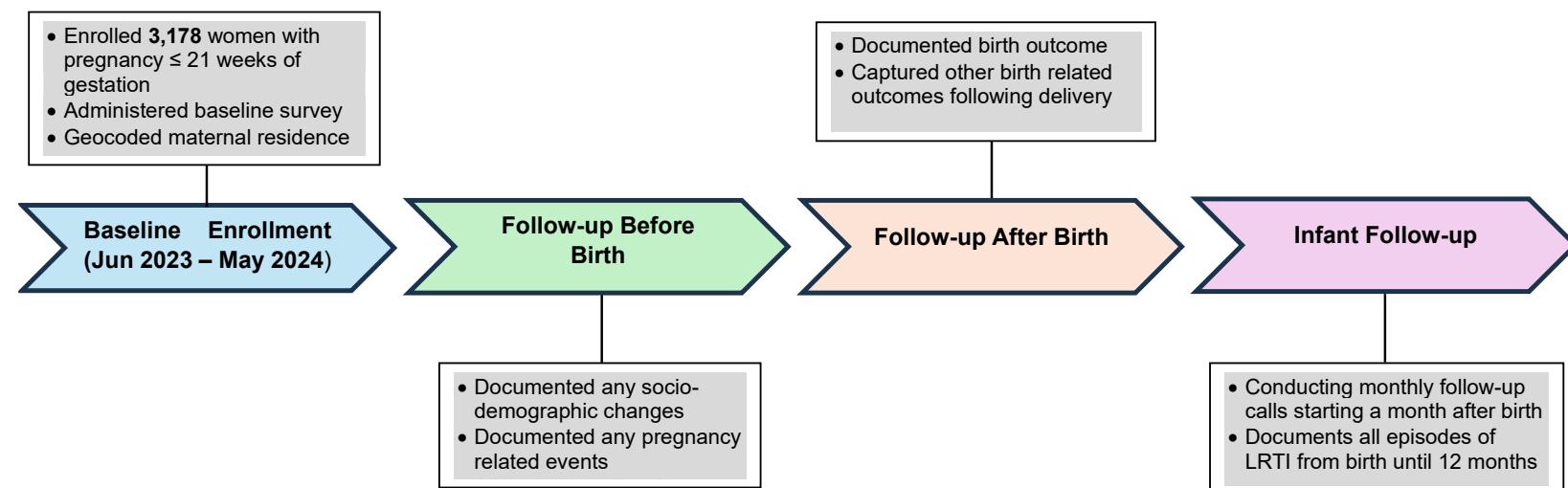
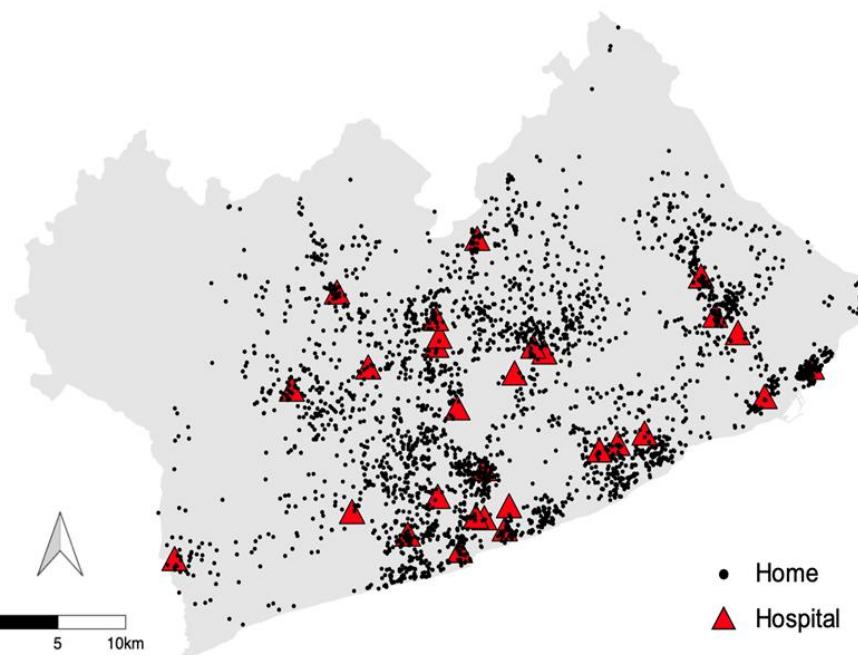


Child health and development in complex urban environments - schools

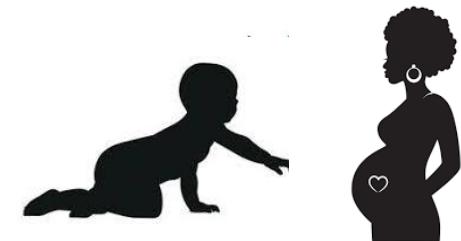


Study design and recruitment

- Initiated in 2022; recruited **3,178** pregnant women from 30 health facilities



Map of GAMA, health facilities (red), and homes of enrolled participants



Accra Birth Cohort (ABC) study

- Immediate goals
 - Characterize gestational and early life exposures to
 - Multiple ambient air pollutants
 - Chemical constituents
 - Noise
 - Heat
 - Evaluate their individual and cumulative impacts of
 - Adverse birth outcomes
 - Respiratory infections in infancy
 - Sleep health
 - Adverse childhood neurodevelopment



PM_{2.5} and NO₂ exposure and preterm birth

